

3.3.

Sl. No.	Name of the teacher	Title of the book/chapters published	Title of the paper	Title of the proceedings of the conference	Name of the conference	Year of publication	ISBN number of the proceeding	Affiliating Institute at the time of publication	Name of the publisher	web link
2017-18										
	Dr. Deepa Balkhande		Areas of Nagpur District, Maharashtra: Demarcating the	National Aqua Conference on Water Conservation: Role of Educators	National Aqua Conference on Water Conservation: Role of Educators	2018	978-03-80985-20-6	Smt. Binzani Mahila Mahavidyalaya	LAD College	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0national_aqua_Balkhande_maam.pdf
	Dr. Rajshri Gajghate		मुक्तिबोध की दृष्टि में पाश्चात्य साहित्य : एक आलोचनात्मक विवेचन	मुक्तिबोध : एक चिंतन	त्रिलोचन - मुक्तिबोध : रचनात्मक जीवन का आत्मसंघर्ष पर दो दिवसीय राष्ट्रिय	19-20 Jan 2018	978-93-85421-26-6	Smt. Binzani Mahila Mahavidyalaya	Smt. Binzani Mahila Mahavidyalaya	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0Mukti_bodh_-_gajghate_mam.pdf
	D.S. Shambharkar	Muktibodh-ek Chintan Ed: Krushkumar	Sanyukt Maharashtra Nirman aur Muktibodh				ISBN:978-93-85421-26-6-2018	Smt. Binzani Mahila Mahavidyalaya	Ashtha Pub. Nagpur	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0shambharkar-muktibodh.pdf
2018-19										
	Dr. Deepa Balkhande		आर्थिक सुधार और भलाई : एक व्यवहारिक विश्लेषण	IMPRESS/ICSSR "Impact of Economic Reforms on the Growth of Indian Economy"	IMPRESS/ICSSR "Impact of Economic Reforms on the Growth of Indian Economy"	Oct.10 &11 2019		-	G.S. Commerce College, Nagpur.	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0Balkhande_-_arthik_sudhar.pdf
	Dr. Aparna Choudhary	Trends in Library And Information	Digital Presevation: An Overview	-	-	2018	978-93-84140-13-7	-	Avadha Prakashan Delhi	https://binzanimahilamahavidyalaya.edu.in/media/research_image/
	Dr. Aparna Choudhary	Modern Libraries		-	-	20 Aprli 2019	978-93-87367-23-4	-	Swastik Publication Delhi	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0book_modern_libraray.pdf
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1		ICEBERG		-	-	2020	978-81-942257-0-	Mahila	Rucha	https://binzanimahilamahavi

2	Dr.Rajshri Gajghate	-	Domestic Violence and Its Various Forms:A Study	The Impact of Digitization on Education and Educational Policies, Social Media, Human behaviour and Social Interaction during COVID-19	The Impact of Digitization on Education and Educational Policies, Social Media, Human behaviour and Social Interaction during COVID-19		978-81-946103-6-6	Smt. Binzani Mahila Mahavidyalaya	Dr. L.D. Balkahnde College of Arts and Commerce , Puni, Bhandara	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0gajghate_domestic.pdf
2020-21										
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		Impact of COVID-19 on Indian	Mental Health of Youth in COVID-19	-	-	-	-	Smt. Binzani Mahila Mahavidyalaya	Asian Press ISBN 978-93-90238-47-7	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0balkhonde_
		Digital Stress Management :	Management of Mental Health and well- being in the Digital Era	-	-	-	-	Smt. Binzani Mahila Mahavidyalaya	Asian Press ISBN 978-93-90238-54-5	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0Balkhonde_management_of_mental_hel
		-	aadhunik vishv mein mansik swasthya samasya chunautiya aur samadhan	The Impact of Digitization on Education and Educational Policies, Social Media, Human behaviour and Social Interaction during COVID-19	The Impact of Digitization on Education and Educational Policies, Social Media, Human behaviour and Social Interaction during COVID-19	2020	978-81-946103-6-6	Smt. Binzani Mahila Mahavidyalaya	Dr. L.D. Balkahnde College of Arts and Commerce , Puni, Bhandara	https://binzanimahilamahavidyalaya.edu.in/media/research_image/0balkhonde_mam_mental_health_issues.pdf
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under the aegis of IQAC

18 December 2018

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Water Scarcity in Rural Areas of Nagpur District, Maharashtra : Demarcating the General Issues

Balkhande Deepa

Department of Psychology, Smt. Binzani Mahila Mahavidyalaya, Nagpur

Abstract

Water Scarcity is one of the major concerns of the present scenario for the researchers in the field of hydrology, geology, geography, other related institutions and the most important the society of this country. Water is the vital requirement for the all round development of the country. In the present study, water availability and water scarcity in the Nagpur district have been analyzed. With the fast growing population the demand of water for irrigation, industrial and domestic purposes has also been increased which is putting a huge stress on the available water resources. This is leading to the major problem of scarcity of water.

Key words : Water scarcity, Rainfall, Nagpur district.

Introduction

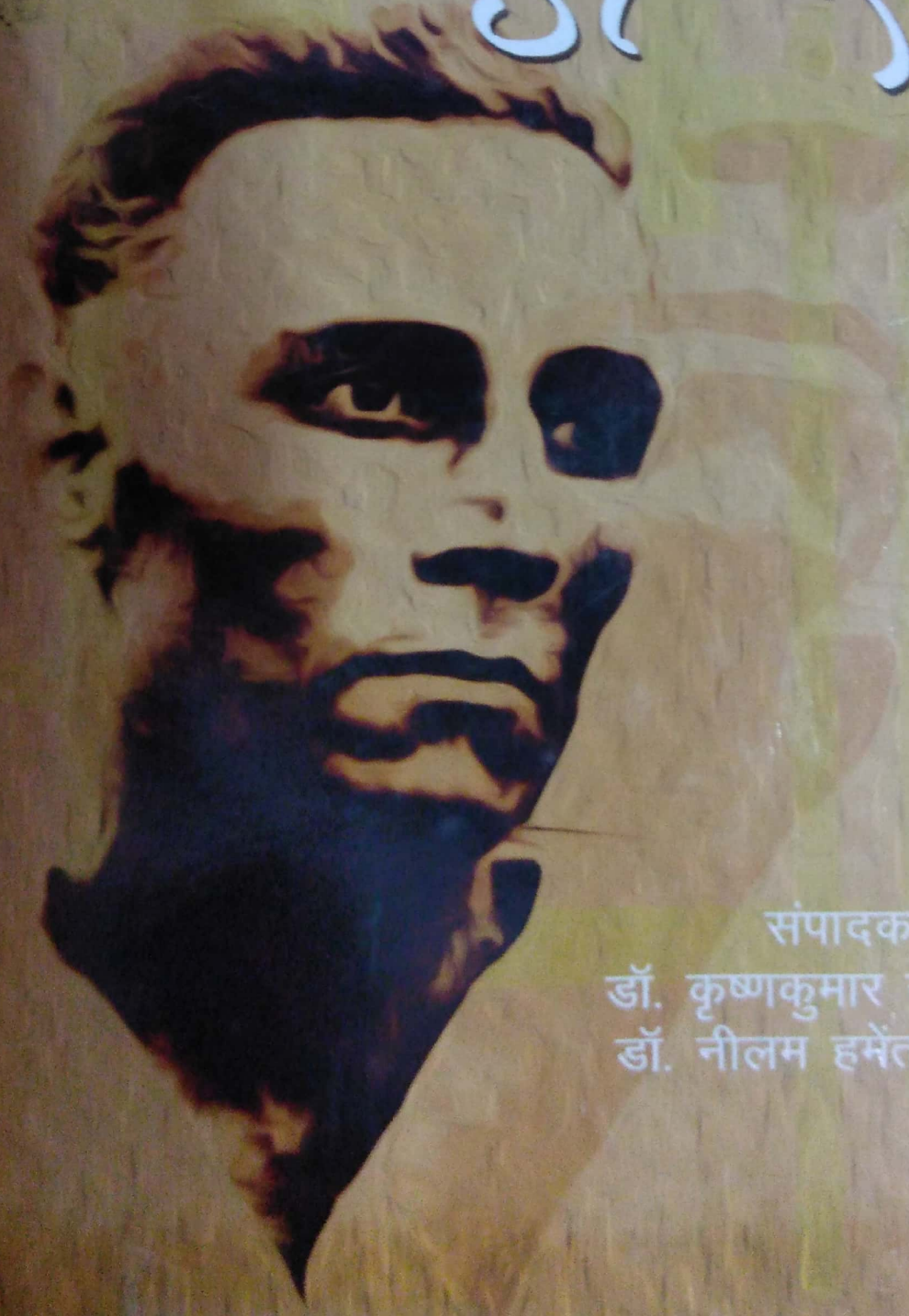
Water Scarcity in true sense means the lack of access to sufficient quantities of water to human and environmental uses. The demand of water for global development is expected to be increased in near future because of the increasing human population, industrialization and urbanization. Water scarcity and water availability is directly related with the rainfall and the local geology of the particular area. In particular, the Nagpur district is occupied by the rocks ranging in age from Archaean to Recent.⁽¹⁾ The rocks formations like Crystalline rocks, Gondwana rocks, Lametas, Deccan Trap Basalt and Alluvium are exposed in different area covering the varied geographical portions of the districts. Nagpur district is very well known for economic mineral deposits particularly Manganese Ore deposits.⁽²⁾ Because of this varied geological distribution of the district, the study of rainfall distribution pattern and water availability in such rock formations plays very vital role while ruling out the water scarcity of the area in particular. Out of the total fresh water, 68.7 % is frozen in ice caps, 30% is stored underground and only 0.3% water is available on the surface of the earth. Out of the surface water, 87% is stored in lakes, 11% in swamp and 2% in rivers. As all the sweet water is not extractable, only 1% of the total water can be used by human beings.⁽³⁾ It means a very less amount of water is available for the drinking water purposes. Therefore proper management of water is the need of time. Hence, in the present paper an attempt has been made to highlight the major cause of the water scarcity both for the drinking as well as for the irrigation practices.

Materials and Methodology

The analysis of water availability and scarcity of the present study was based on the primary and secondary sources. Monthly rainfall data for the district during (2013-2017) collected from IMD, and MahaAgri. All other information like area and

मुक्तिबाध

एक चिंतन



संपादक

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मुक्तिबोध की दृष्टि में पाश्चात्य साहित्य : एक आलोचनात्मक विवेचना

डॉ. राजश्री गजघाटे

'भयानक वास्तविकता है
बड़ी वीरान मुस्काहट, बड़ी गुंजान आँखों में
भयंकर व्यर्थता का भान
उकताया हुआ सुनसान छाया है।
बौद्धिक कल्पनाओं की सफेदी में सफाई में
सीमित लिपटी हुई
वह ऊब, उकताहट, बगासी, ग्लानी
वह खल्वाट जीवन की स्वचेतन-सी उदासी की
निरर्थक वास्तविकता ।
पढ़ रहा था कल तुम्हारे काव्य को.....'

(मुक्तिबोध - टी.एस.इलियट के प्रति)

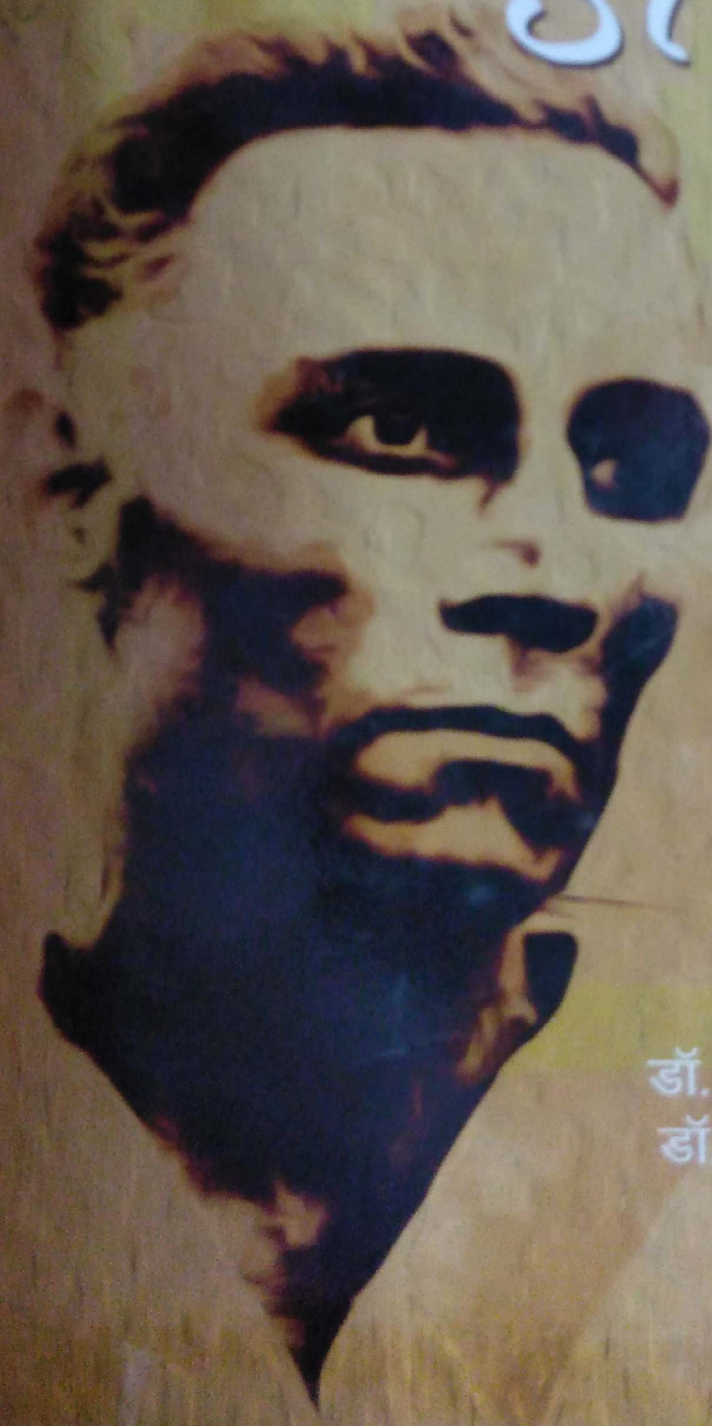
गजानन माधव मुक्तिबोध की पहचान न केवल हिंदी के एक समर्थ कवि के रूप में है बल्कि वे भारतीय और अंतरराष्ट्रीय स्तर पर भी पहचाने जाते हैं। वे एक महान लेखक, कवि व समीक्षक हैं। उनके साहित्य में कहीं सहजता की झालर है तो कहीं आलोचना के सितारे, जो न केवल उनकी कृति को चमकाते हैं बल्कि उसे गहरे रंग में रंग देते हैं।

मुक्तिबोध के मित्र परिवार, जिन्होंने उन्हें करीब से अनुभव किया है, उनके बारे में कहते हैं, "उनकी प्रवृत्ति आत्मलीन थी, जीवन के प्रति उनकी प्रतिक्रिया बौद्धिक और तटस्थ नहीं, तीव्र भावनात्मक होती थी। वे विज्ञान, काव्य, साहित्य व इतिहास को गहरे मनोयोग से पढ़ते थे। श्रीकांत वर्मा के अनुसार मुक्तिबोध जीवन के अनेक सतहों पर प्रतीत होने वाली विसंगति से बेचैन हो उठते थे और अपने छटपटाते हुए व्यक्तित्व को लेकर युग जीवन के अंधेरों में उतर जाते थे। वे किसी विचार सत्य की खोज में बने रहते थे। उनके काव्य व वक्तव्य से यह प्रमाणित होता है कि वे आत्मान्वेषण के कवि

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मुक्तिबाध

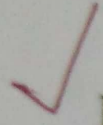
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संपादक

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संयुक्त महाराष्ट्र निर्माण और मुक्तिबोध

ज्ञानेश्वर शंभरकर

गजानन माधव मुक्तिबोध ने 'नया खून' के 7 जून 1957 वाले अंक के सम्पादकीय में लिखा कि 'संयुक्त महाराष्ट्र का निर्माण एकदम जरूरी' है। जिसमें उन्होंने शीर्षक के अनुसार संयुक्त महाराष्ट्र निर्माण का समर्थन तो किया ही है साथ ही महाराष्ट्र निर्माण की माँग का ऐतिहासिक संदर्भ, वर्तमान में औचित्य का विश्लेषण करते हुए भारत में स्वतंत्रता के बाद संविधान द्वारा निर्मित केंद्र-राज्य संबंध और संघराज्य व्यवस्था को सुचारु रूप से चलने का उपाय सुझाया है। यही नहीं संघराज्य के सामने निर्माण होनेवाली बाधाओं को भी उन्होंने रेखांकित किया है। उन दिनों जो संयुक्त महाराष्ट्र आंदोलन चल रहा था वह मराठी भाषिक लोगों का एक राज्य होने हेतु तो था ही, साथ ही उस राज्य में बम्बई शहर का समावेश होने की माँग प्रमुख थी। जिन दिनों यह आन्दोलन चल रहा था उस समय इस राज्य का नाम बम्बई था जो एक द्विभाषिक राज्य था जिसमें आज के गुजरात व महाराष्ट्र का समावेश था और दो प्रमुख भाषाएं मराठी व गुजराती अहम थीं।

संयुक्त महाराष्ट्र आंदोलन का समर्थन करते मुक्तिबोध ने महाराष्ट्र शब्द का निर्माण उसका सांस्कृतिक इतिहास, महाराष्ट्र धर्म, आन्दोलन के दौरान हुए चुनाव आदि का विस्तार से विश्लेषण किया है। मुक्तिबोध के अनुसार संयुक्त महाराष्ट्र का आंदोलन उन दिनों दिन-दूना बढ़ गया था। इस आंदोलन का समर्थन करने के पूर्व उन्होंने आंदोलन के लिए जरूरी भूमिका क्या है और महाराष्ट्र जाति, जिसे मराठा भी कहते हैं, किस प्रकार विकसित हुई और इसका इतिहास में राजनैतिक तथा सामाजिक रोल क्या था और रहेगा इस पर प्रकाश डाला है। वे कहते हैं कि दुर्भाग्य से अन्य प्रांतों में महाराष्ट्रीय जनों ने अपनी भावना-विचारों का कोई प्रचार नहीं किया। अपनी सारी क्षमताओं और योग्यताओं के बावजूद अलग प्रान्त की उनकी माँग के बारे में बहुत-सी गलतफहमियाँ फैली और फैलायी गयी। अ-मराठी सामान्य जनता में भी दुर्भाग्य से ये गलतफहमियाँ फैली और महाराष्ट्रीय जनों की ओर

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आर्थिक सुधार और भलाई : एक व्यवहारिक विश्लेषण

डॉ. दीपा बलखंडे

सहयोगी प्राध्यापक, मनोविज्ञान विभाग

श्रीमती विद्याणी महिला महाविद्यालय, नागपूर.

भलाई (Wellbeing) सामाजिक प्रगति का एक उपाय है और यकीनन अच्छी सरकार और धर्मार्थ गतिविधि का लक्ष्य भी है। जैसे हमारी सफलता की अवधारणा विकसित हुई है, और जीवन अधिक जटिल हुआ है, हमें जीवोपी की तुलना में अधिक लचीले उपाय की आवश्यकता है, राष्ट्रीय आय के हमारे उपाय को अक्सर भलाई के लिए एक प्रॉक्सी के रूप में उपयोग किया जाता है। भलाई यह समझने का एक तरीका प्रदान करता है कि एक जटिल दुनिया में अपने जीवन को बेहतर बनाने के लिए हम सभी को क्या और कतिना अच्छा काम करना चाहिए। यह आर्थिक सामाजिक, पर्यावरणीय, लोकतांत्रिक और व्यक्तिगत परिणामों को एक साथ लाता है और दूसरों की कीमत पर विशिष्ट क्षेत्रों पर ध्यान देने करने से बचता है। हम इस बात को मापने में बेहतर हो सकते हैं कि एक बेहतर समाज बनाने के लिए हम क्या मायने रखते हैं और क्या उपयोग करते हैं। नागरिकों को सार्विक वचिार-वमिर्श में उलझने पैदा करता है। प्रत्येक सुधार उपाय सकारात्मक प्रभाव उत्पन्न करने के लिए प्रकट नहीं होता बड़े पैमाने पर नजीकरण स्वास्थ्य और आर्थिक परिणामों में नकारात्मक प्रभाव दिखाते हैं। समग्र परिणाम विभिन्न सुधार उपायों और विकास और कल्याण पर संयुक्त प्रभाव के बीच के महत्व को दर्शाते हैं।

Key words: - भलाई, कल्याण, मानवी विकास, आर्थिक सुधार.

भलाई (Wellbeing) और मानव विकास

भलाई लोगों के बारे में है और हम सभी के लिए परिस्थितियों को पैदा करने के लिए है। यह जीवन और समृद्धि की गुणवत्ता, सकारात्मक शारीरिक मानसिक स्वास्थ्य, स्थायी संपन्न समुदाय है।

भलाई के 5 प्रमुख प्रकार

भावनात्मक रूप से अच्छा तनाव-प्रबंधन तकनीकों का अभ्यास करने की क्षमता, लचीला होना और उन भावनाओं को उत्पन्न करना जो अच्छी भावनाओं को जन्म देती है।

तंदुरुस्त स्वस्थ भोजन और अच्छे व्यायाम की आदतों के माध्यम से आपके शरीर के कामकाज में सुधार करने की क्षमता।

सामाजिक खुशहाली संवाद करने की क्षमता, दूसरों के साथ सार्विक संबंध विकसित करना और एक समर्थन नेटवर्क बनाए रखना जो आपको अकेलेपन को दूर करने में मदद करता है।

कार्यस्थल कल्याण व्यावसायिक रूप से अर्थ, खुशी और समृद्धि प्राप्त करने के लिए अपने हितों, मूल्यों और उद्देश्यों को प्राप्त करने की क्षमता।

सोसाइटी वेल-बीइंग एक संपन्न समुदाय, संस्कृति और पर्यावरण में सक्रिय रूप से भाग लेने की क्षमता।

भलाई केवल बीमारी या बीमारी का अभाव नहीं है। यह एक व्यक्तिक शारीरिक, मानसिक, भावनात्मक और सामाजिक स्वास्थ्य कारकों का एक जटिल संयोजन है। भलाई दृढ़ता से खुशी और जीवन की संतुष्टि से जुड़ी हुई है। संक्षेप में, भलाई के रूप में वर्णित किया जा सकता है कि आप अपने और अपने जीवन के बारे में कैसा महसूस करते हैं। स्वास्थ्य, खुशी और समृद्धि का अनुभव है। इसमें अच्छा मानसिक स्वास्थ्य, उच्च जीवन संतुष्टि और अर्थ या उद्देश्य की भावना शामिल है। भलाई में बहुत सारी सकारात्मक चीजें शामिल हैं - खुश, स्वस्थ, सामाजिक रूप से जुड़ा हुआ

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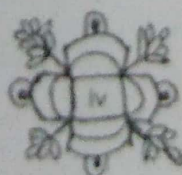
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Digital Preservation: An Overview

Dr. Aparna Choudhary

Librarian

Smt. Binzani Mahila Mahavidyalay, Nagpur

Dr. M. T. Bherwani

Librarian

Shri Binjani Nagar Mahavidyalaya, Nagpur

Digital preservation

It is a formal endeavor to ensure that digital information of continuing value remains accessible and usable. It involves planning, resource allocation, and application of preservation methods and technologies, and it combines policies, strategies and actions to ensure access to reformatted and born digital content, regardless of the challenges of media failure and technological change. The goal of digital preservation is the accurate rendering of authenticated content over time. The Association for Library Collections and Technical Services Preservation and Reformatting Section of the American Library Association, defined digital preservation as combination of "policies, strategies and actions that ensure access to digital content over time." According to the Harrod's Librarian Glossary, digital preservation is the method of keeping digital material alive so that they remain usable as technological advances render original hardware and software specification obsolete.

Fundamentals of Preservation

Appraisal

Appraisal refers to the process of identifying records and other materials to be preserved by determining their permanent value. Several factors are usually considered when making this decision. It is a difficult and critical process because the remaining selected records will shape researchers' understanding of that body of records, or fonds. Appraisal is identified as A4.2 within the Chain of Preservation (COP) model created by the InterPARES 2 project. Archival appraisal is not the same as monetary appraisal, which determines fair market value. Archival appraisal may be performed once or at the various stages of acquisition and processing. Macro appraisal, a functional analysis of records at a high level, may be performed even before the records have been acquired to determine which records to acquire. More detailed, iterative appraisal may be performed while the records are being processed.

Appraisal is performed on all archival materials, not just digital. It has been proposed that, in the digital context, it might be desirable to retain more records than have traditionally been retained after appraisal of analog records, primarily due to a combination of the declining cost of storage and the availability of sophisticated discovery tools which will allow researchers to find value in records of low information density. In the analog context, these records may have been discarded or only a representative sample kept. However, the selection, appraisal, and prioritization of materials must be carefully considered in relation to the ability of an organization to responsibly manage the totality of these materials. Often libraries, and to a lesser extent, archives, are offered the same materials in several different digital or analog

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Dr. Aparna S. Choudhary
Dr. Mohini Bherwani



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[[Raiding Along Jumping Iceberg]]

(Collection of Poems)

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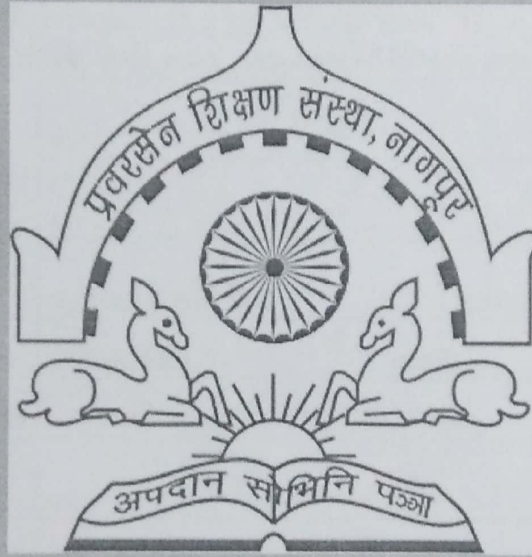
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Proceeding



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Domestic Violence and its various forms: A Study

Dr. Rajshri Gajghate ✓

Assit. Professor, Dept. of English

Smt. Binzani Mahila Mahavidyalaya, Nagpur

ABSTRACT

Mostly the victims of domestic violence globally are women; they endure the most severe form of violence. Still in some countries, domestic violence is seen as justified, if it is woman infidelity and it is legally permitted also. Research has shown that there is direct relation between gender equality and domestic violence. Domestic violence is underreported crime throughout the world. Domestic violence occurs when the abuser believes that any kind of abuse towards woman is acceptable and justified. Not only women but children, aged people and sometimes men are also subject to domestic violence. Every woman needs to recognize her strength and try to protect herself from the vicious claws of domestic violence, as many helping hands, awareness programs and social media have set forth for the cause.

KEYWORDS

Violence, Infidelity, Gender equality, Legally, Women, Awareness Program.

INTRODUCTION

*"If we are to fight discrimination and injustice against women we must start from the home
For if a woman cannot be safe in her own house then she cannot be expected to feel safe
Anywhere."*

Aysha Taryam

Since ages woman has been in the frame of victim. She has been victimized and abused physically, mentally, economically and socially. Her abuser and perpetrator is mostly her life partner and family especially her In-laws. Many people don't consider themselves as abusers or victims, as they take it as the part of familial matter. Moreover the concept, definition, awareness, laws and documentation differs from country to country. So there is a need to boost up the morale of women folk to recognize their strength and also to visualize the legal procedures regarding domestic violence.

Aim and objective

The purpose of writing this research paper is to study the various forms of Domestic violence, prosecution and awareness. A special stress will be given to new forms of domestic violence especially in the period of lockdown.

WHAT IS DOMESTIC VIOLENCE

- In 1993, The United Nation defines Domestic Violence as:

"Physical, sexual and psychological violence occurring in the family, including battering, sexual abuse of female children in the household, dowry-related violence, marital rape, female genital mutilation and other traditional practices harmful to woman, non-spousal violence and violence related to exploitation."

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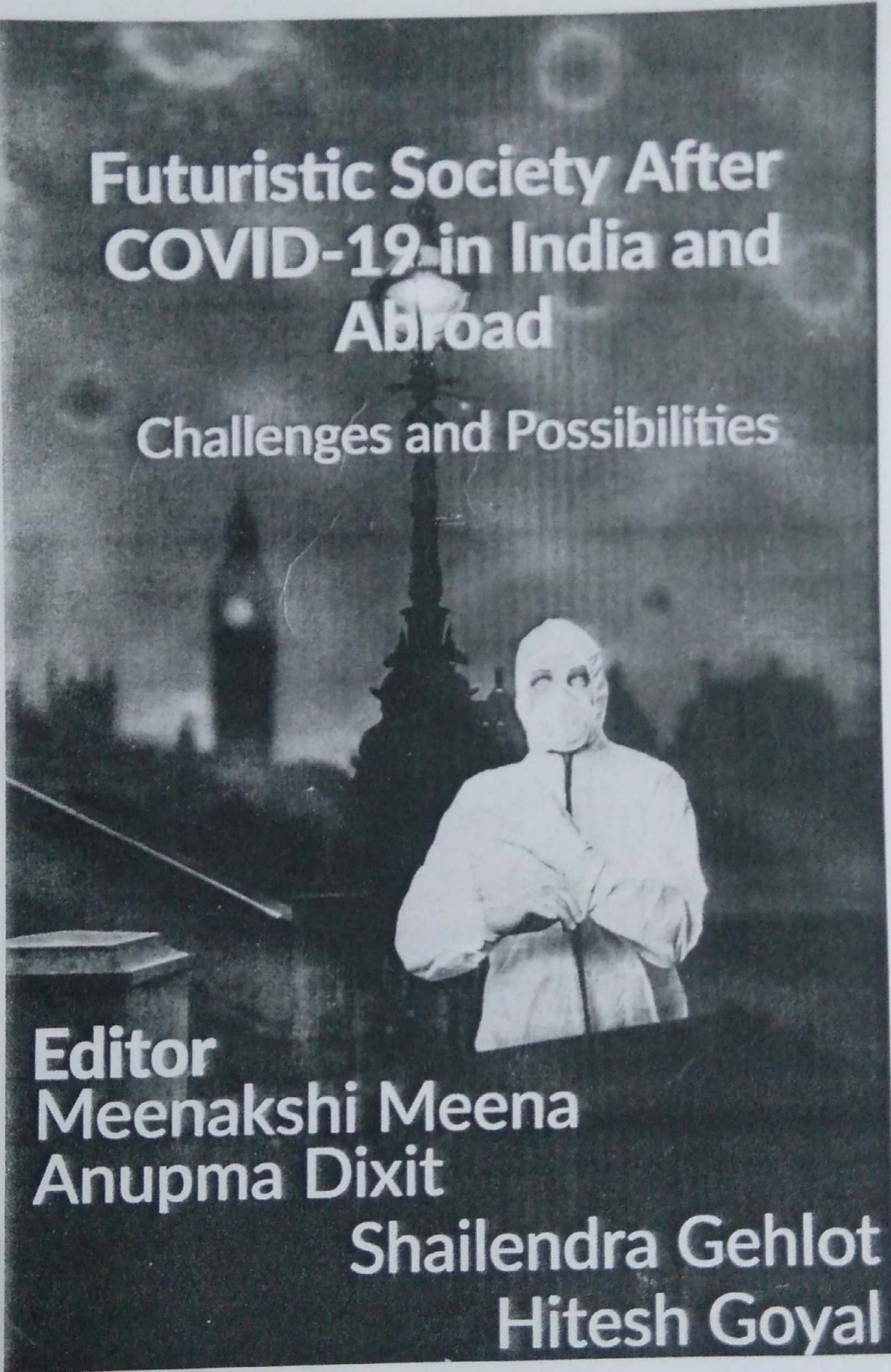
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Futuristic Society After COVID-19 in India and Abroad

Challenges and Possibilities



Editor

Meenakshi Meena

Anupma Dixit

Shailendra Gehlot

Hitesh Goyal

The Book, futuristic society after COVID-19 in India and abroad is the compilation of the research articles from the Authors of various fields such as Social Sciences, Law, Social Work, Health Science and other disciplines etc.

The book contains a ground breaking work that underlines the impact of the various of COVID-19 pandemic challenges and possibilities and also suggested the ways to overcome the challenges.

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Chapter 4

Use of Psychological Resilience in times of crisis

Dr. Deepa Milind Balkhande⁵

The ability to deal with any crisis mentally and emotionally or to return quickly from a pre-crisis situation is called Psychological resilience. This pliability exists in the individual when he uses mental processes and behaviors to promote personal processes or to protect themselves from the possible negative effects of stresses. When you have resilience, you use your inner strength that helps you return from a major reverse or a challenge, such as job loss, illness, disaster, crisis, or the death of a loved one, etc. Psychological flexibility exists in a human who develops psychological and behavioural abilities

⁵ Associate Professor, Department of Psychology, Smt. Binzani Mahila Mahavidyalaya, Nagpur.
Email ID: deepa.balkhande@gmail.com

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IMPACT OF COVID-19 ON INDIAN ECONOMY

DR. LALITA K. SHARMA

Where the tiny invisible virus brought the world to a standstill. What kept us going was the desire to overcome this pandemic. Emerging as one of the most deadly diseases in the history of mankind, it has become a situation of health and economic emergency. The world, which celebrated globalization for years, now looks down at it as the reason for widespread virus. Being highly disruptive in nature, affecting the lives of millions, the pandemic will have its dark chapters in the annals of history. Some steps that will change the way humans used to live in COVID-19 days to reaching a point of enlightenment in the health care facilities, the virus has significantly affected all the spheres of human life, be it social, economic, financial or political. The virus has brought tough challenges to individuals and governments around the world to sustain their life and livelihood. The instant impact of the pandemic shows the disturbance in the economy and the long term impact would be dreadful unless the vaccine is developed and the virus is contained as early as possible.

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CHAPTER 19

MENTAL HEALTH OF YOUTH IN COVID-19

Dr. Deepa Balkhande

Associate Professor in Psychology

Smt. Binzani Mahila Mahavidyalaya, Nagpur (MH)

ABSTRACT

The COVID-19 pandemic has shaken us. During this Pandemic, we are all experiencing stress, anxiety, fear, sadness, and loneliness. Mental health disorders including anxiety and depression appear to be worsening. During this time of physical disturbance and uncertainty, many older adults and caregivers are feeling isolated, agitated and retreating. Health conditions on Human behavior, such as depression, bi-polar disorder, schizophrenia, and previous substance use disorders, are particularly at high risk for negative outcomes, including severe anxiety, relief from substance use, and thoughts of suicide. It is necessary to collect everyone to face all these risks. Everyone needs to try together. Removing the anxiety is to maintain good mental health along with your physical health. We all have to understand that circumstances are not always the same. Today, staying alive is the most important thing. The rest will be talked about later. If you have a life, you have world this proverb applies to everyone. To maintain mental health, we have to use some tips and tricks. One has to understand the seriousness of mental health.

Keywords: - Mental Health, COVID-19, Stress

1.0 INTRODUCTION

COVID-19 has brought devastation to the whole world. Due to this, it has been the position to face many problems whether it is financial, mental, physical, social, cognitive, emotional and family. Concerns and concerns about the pandemic and its impact are overshadowing. Social distances are making it even more challenging. The COVID-19 pandemic has probably brought many changes to the lives of all of us, and has brought with its uncertainty, daily routines, financial pressures and social isolation. You can worry about how long the epidemic will last and what the future will bring. Information overload, rumors and misinformation are making our lives feel out of control and cannot explain what to do. Complications in our lives are increasing. Life has become a bit uncertain. Fear of the future

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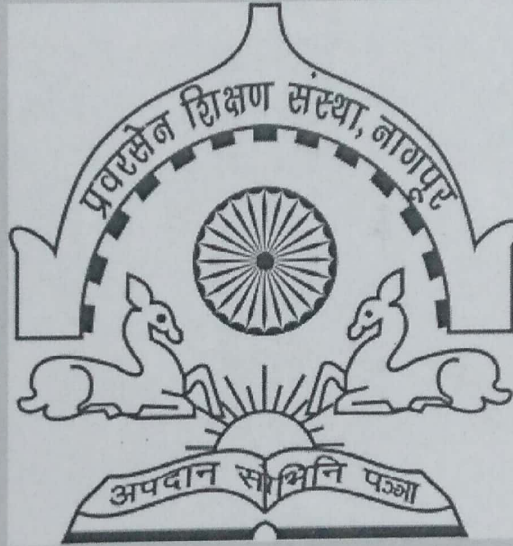
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श्रीमती बिंझानी महिला महाविद्यालय, नागपूर

सारांश:— डिजिटल तकनीक केंद्रीय है कि हम आधुनिक दुनिया में कैसे रहें। दस में से नौ लोगों के घर में इंटरनेट की पहुंच चुका है। दुनिया भर में, मानसिक स्वास्थ्य समस्याओं का सामना करने वाले लोगों को देखभाल और समर्थन तक पहुंचने में चुनौतियों का सामना करना पड़ता है। डब्ल्यूएचओ ने पहली बार व्यापक मानसिक स्वास्थ्य कार्य योजना (एमएचएपी) २०१३-२०२० को अपनाया, जिसमें कहा गया है कि मनोवृत्ति में बदलाव, मानसिक विकास को बढ़ावा देने के लिए कलंक, सेवाओं का विस्तार, और दुर्लभ संसाधनों के कुशल उपयोग से मानसिक विकारों को रोका जा सकता है और मानसिक बीमारियों से पीड़ित लोगों के अधिकारों की रक्षा की जा सकती है। तेज गति से बदलती दुनिया यहां विशेष महत्व रखती है, क्योंकि यह आगे मानसिक स्वास्थ्य के लिए एक चुनौती है, विशेष रूप से उन युवाओं के लिए जो जीवन के प्रारंभिक चरण में हैं। सेवाओं की कमी, जागरूकता की कमी, मिथकों, गलत धारणाओं और कलंक और मानसिक स्वास्थ्य के लिए कम प्राथमिकता सहित युवाओं की मानसिक स्वास्थ्य आवश्यकताओं की देखभाल में कई बाधाएं हैं। समस्याओं की शीघ्र पहचान और हस्तक्षेप समाधान के लिए महत्वपूर्ण है। अवसाद और अन्य मानसिक स्वास्थ्य मुद्दों की प्रारंभिक पहचान के लिए छात्रों और शिक्षकों दोनों के बीच मानसिक स्वास्थ्य साक्षरता बढ़ाने के लिए शैक्षिक संस्थानों को लक्षित करना, पदार्थ उपयोग विकार, आचरण मुद्दे, साइबरबुलिंग, साइबरक्राइम और आत्मघाती जोखिम इस दिशा में एक महत्वपूर्ण कदम हो सकते हैं।

मूल शब्द:— मानसिक स्वस्थ्य, चुनौतियाँ और समाधान, बदलती दुनिया, डिजिटल तकनीक.

मानसिक स्वस्थ्य का अर्थ :— मानसिक बीमारी एक सामान्य शब्द है जिसमें ऐसे लक्षण शामिल हो सकते हैं जो किसी व्यक्ति की सोच, धारणाओं, मनोदशा या व्यवहार को प्रभावित कर सकते हैं। मानसिक स्वास्थ्य संज्ञानात्मक, व्यवहारिक और भावनात्मक कल्याण को दर्शाता है। यह सब कुछ है कि लोग कैसे सोचते हैं, महसूस करते हैं और व्यवहार करते हैं। लोग कभी-कभी मानसिक विकार की अनुपस्थिति के लिए "मानसिक स्वास्थ्य" शब्द का उपयोग करते हैं।

मानसिक स्वास्थ्य दैनिक जीवन, रिश्तों और शारीरिक स्वास्थ्य को प्रभावित कर सकता है। हालाँकि यह लोगों के जीवन में पारस्परिक संबंध और शारीरिक घटक सभी मानसिक स्वास्थ्य व्यवधान में योगदान कर सकते हैं।

मानसिक स्वास्थ्य की देखभाल करने से किसी व्यक्ति के जीवन का आनंद लेने की क्षमता सुरक्षित रह सकती है। ऐसा करने में जीवन की गतिविधियों, जिम्मेदारियों और मनोवैज्ञानिक लचीलापन प्राप्त करने के प्रयासों के बीच संतुलन तक पहुँचना शामिल है।

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DR. LALITA K. SHARMA

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CHAPTER 14

MANAGEMENT OF MENTAL HEALTH AND WELL- BEING IN THE DIGITAL ERA

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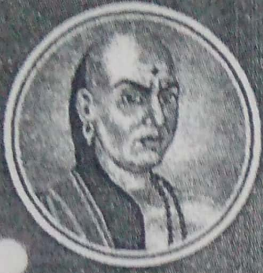
ABSTRACT

Digital technology tells us how to live in this modern world. Nowadays maximum humans have internet access at their residences. In mental health due to this system, unprecedented challenges are being faced. While the rate of severe and permanent mental illness is widely stable among the population, we know that many people do not currently require treatment and care. They are particularly relevant for teenagers. Due to the widespread use of digital devices, adolescents are particularly sensitive to the risk and burden of devices and, given the increase in mental-health problems in this age community, pubescents will also benefit from improvements in mental-fitness prevention and therapy. If we appropriately use the social media and data-gathering functions of Internet-connected devices, we can attain victory in our calibre to improve mental health and well-being. Healing mental fitness disorders is not one size fits all, and does not provide a remedy. Instead, cure aims to subtract the symptoms, address fundamental causes, and make the condition effortless. The fast-changing world assumes special significance here, as it poses a challenge for mental health ahead, especially for young people who are in the early stages of life. There are many barriers to the care of mental well-being needs of adolescents, including shortage of services, inadequacy of awareness, myths, misconceptions and humiliation and a low priority for mental fitness. Early recognition of troubles and intervention is crucial for resolution. Aiming educational institutions to boost mental well-being literacy among both learners and mentors for early detection of depression and other mental health cases, substance use disorders, conduct issues, cybercrime and suicidal risk can be a crucial step in this path.

Keywords: Mental health, digital era, digital technology, well-being

भारतातील आर्थिक विचारवंत

Economic Thinkers in India



संपादक

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प्रा. मोहन डी. सोनुरकर

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Awakening Spirit of Renunciation – Vinoba's Antidote Ensuring Economic Freedom in India

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Introduction:

Vinoba was the disciple of Mahatma Gandhi whom he had declared as the first Satyagrahi. Vinoba, through his writings and speeches substantially contributed newer ideas to revitalize Gandhian principles about nature and role of State, decentralized structure of polity, autonomous and economically self-sufficient villages, renunciation, non-possession and an ideal citizenry ensuring the welfare of all. This article is confined to and offers a broad outline of Vinoba's thought related to the economic sphere of Indian society.

Vinoba was distressed to see the prevalent economic disparities in independent India. The agony of landless labourers who were suffering through economic exploitation was heart churning for him. Hence, determined to change this scenario, he put forth his views for restructuring the societal economic fabric in the country. His notions in this regard constitute his program for action aimed at economic welfare of all in independent India. His thoughts can be discussed under three broad heads:

- A) Adoption of Renunciation against Accumulation
- B) Concept of Economically Self-sufficient Villages
- C) Self-less Service by Citizens in Ideal State

A) Adoption of Renunciation against Accumulation

In the economic sphere, Vinoba like Gandhi advocated renunciation. He travelled all over India to spread his message and encourage rich and landlords for renunciation by resorting to Bhoodan and Sampattidan.

Advocacy of Renunciation:

Vinoba was against the idea of the right of individual ownership. He asked the wealthy people to give away their wealth to society. Comparing the distribution of wealth with imparting of knowledge which increases every time it is shared, he emphasized that one can increase his wealth by parting with it. Referring to the concept of purchasing power, he pointed out that lender increases his wealth when he distributes his wealth among borrowers and increases their purchasing power. He emphasised that the distribution of wealth among the members of society assures the guarantee for the safety of the wealth which no bank can ensure. Vinoba specifically urged in the words: 'Society is the bank of the individual. His money will be more secure in this bank than in any other.' Thus, applying the principle of economics in which 'increase in wealth is measured in the ratio of increased purchasing power', Vinoba asked the individuals to realize the true increase in their wealth through its

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COVID-19 Pandemic and India

- Editors -

Mukundraj B. Patil, Vikas D. Ragole

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INDIA'S HUMANITARIAN
DIPLOMACY DURING
COVID 19 PANDEMIC
PERIOD

Dr. Charuta V. Joshi

Assistant Professor

S. B. Mahila Mahavidyalaya Mahal, Nagpur

* * *

Abstract - During the period of pandemic the governments of all the countries crafted their Diplomatic relations shifting their priorities to health care and providing economic aid combating Covid 19 crisis. The neighbouring countries were prioritized by the India and were given assistance in the form of medicines, medical equipment, training for timely medical action and vaccines to combat with the unforeseen calamity of pandemic. In addition to it India took lead to revive the international platforms of mutual cooperation like SAARC and NAM. In this article the measures taken up by India on the world forum by offering medical and economic aid is discussed as India's foreign policy initiatives during pandemic.

Introduction: Year 2020 has left a stigma on all the aspects of national life of the countries all over the world and India is no exception to it. During the period of pandemic the governments crafted their Diplomatic relations shifting their priorities to health care and providing economic aid combating Covid 19 crisis.

Environmental Protection: Critical Perspectives in Science and Literature



Dr. B. Mallesh Reddy
Dr. Sanjay N. Shende
Dr. Premila Swamy D.

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THE MOTHER WHO DARED TO FEED IN MAHESH DATTANI'S THE TALE OF A MOTHER FEEDING HER CHILD

Dr. Archana A Gupta

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Abstract

The Tale of a Mother Feeding Her Child is a radio play penned by Mahesh Dattani and was commissioned as part of *2000 Tales*. In the play, Dattani has created the character of an English woman, Anna Gosweb who tells the story of her journey to a village Kapaswadi in Gujarat in India in the year 2000 to meet Jaman Gopalia with whom she had met some twenty years before in Goa during one of her wild trips. In the year 2000, the state was severely affected with drought, still Gosweb decides to meet Jaman. Gosweb is the character in the play who is an epitome of motherhood who dares to care and feed Jaman's ailing daughter in India and determines to feed her till her last breath. She does not waiver to care and feed Jaman's daughter in spite of her being an English woman and Jaman a low caste and a poor labourer. Her character is portrayed in parallel to the Mother Earth who feeds all her inhabitants equally without discriminating them on the basis of caste, class, colour or creed.

Keywords: Drought, Mother, Motherhood, Dare, Feed

Introduction

The Tale of a Mother Feeding Her Child is a radio play penned by Mahesh Dattani and was commissioned as part of *2000 Tales*. It is a drama series produced by BBC Radio Drama and broadcast across BBC Radio 3 and 4 in the last week of October 2000 to mark the six-hundredth anniversary of the death of Geoffrey Chaucer, the poet and author of the classic *The Canterbury Tales*. For *2000 Tales*, twenty-one writers were commissioned, and they were supposed to write a story which might be re-told to a group of travellers who are forced to spend the night together at a service station on a motorway in England. *2000 Tales* is an entertaining and challenging creation, reflecting contemporary concerns that touched the sensibilities of the writers commissioned.

IMPACT OF COVID-19 ON INDIAN ECONOMY

DR. LALITA K. SHARMA



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OPPORTUNITIES & CHALLENGES FOR HEALTH INDUSTRY POST
CORONA CRISIS

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ABSTRACT

The whole world is severely impacted by COVID 19 pandemic and all the economic activities are on standstill by persistent lockdown. Lot of lives and livelihoods have been lost and more worst is yet to be seen in terms of economic impact or losses. Gross domestic product (GDP) numbers of all the major economies are showing negative figures after decades of Bull Run. It has been observed that, the health industry or health economy which is at forefront to fight this pandemic has shown positive trends.

The industry of Healthcare or Health economy is an integration of sectors within the economic system that supply goods and services to curative, preventive, rehabilitative, and palliative care treatments. Healthcare industry plays an important part in the economy and contributes to the GDP and also determines exports status, employment, capital investment etc.

Keywords: COVID-19 Pandemic, Lockdown, Gross domestic product, Health Economy

1.0 INTRODUCTION

Healthcare in general consists of following business segments:--

Hospitals:-- Government & Private Hospitals: -- District Hospitals, General Hospitals, Specialty Hospitals, and government Cancer Hospitals, Private Clinics, Nursing Homes, Private Hospital chains Etc.

Pharmaceuticals: -- Consists of Research, discovery and then production of Chemical compounds or drugs which can be used for medication and treatment of the diseases.

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भारतीय अर्थव्यवस्था : रोजगार आणि स्थलांतर

डॉ. वासंती निचकवडे,
असोसिएट प्रोफेसर अर्थशास्त्र विभाग प्रमुख
श्रीमती बिंझाणी महिला महाविद्यालय, महाल नागपूर

सारांश

भारताची अर्थव्यवस्था वैशिष्ट्यपूर्ण असून यात संघटित, असंघटित, कृषी-बिगर कृषी, कुशल-अकुशल, घटकांचा एकाच वेळी समावेश आहे. या सर्व घटकांचा विकास करण्यासाठी समग्र दृष्टिकोनाची गरज आहे. तर दुसरी कडे अकुशल कामगारांना कुशल करून असंघटित कामगारांना संघटित क्षेत्रात समाविष्ट करणे गरजेचे आहे. सध्या देशात कृषीक्षेत्रातून सर्वाधिक रोजगार निर्मिती होते. गावांमध्ये आणि लहान शहरांमध्ये लघु उद्योग, प्रक्रिया व्यवसाय, दुरुस्ती, बांधकाम आणि इतरही क्षेत्रातून मोठ्या प्रमाणावर रोजगार निर्मिती होत असते. सरकारकडून गेल्या काही वर्षांपासून राबविण्यात येत असलेल्या विविध योजनांमुळे मोठ्या प्रमाणात अप्रत्यक्ष रोजगार निर्मिती होत आहे. पंतप्रधान ग्राम सडक योजना, स्मार्ट सिटी, हुन्नरसे रोजगार तक, या योजनांमुळे मोठ्या प्रमाणात रोजगार निर्मिती होत आहे. अर्थात आधुनिक अर्थव्यवस्थेचे यश आणि अपयश रोजगार निर्मितीवर अवलंबून आहे. देशातील प्रत्येक हाताला काम देणे हे चांगल्या अर्थव्यवस्थेचे लक्षण मानले जाते. सरकारच्या विविध योजनांमुळे रोजगार निर्मितीत वाढ होत असल्याने प्रत्येकाला रोजगार उपलब्ध होईल असे आशादायी चित्र भविष्यात असणार आहे.

महाराष्ट्रातील कोरोना संकट आणि स्थलांतरित मजूरांच्या समस्या

देशासमोरील गंभीर आव्हान असलेल्या कोरोनाचा संसर्ग हा स्थलांतरीत मजूरांच्या आवागमनामुळे ग्रामीण भागात कोरोना संसर्ग प्रमाण वाढण्याचे कारण शहरातून काम करणारा कर्मचारी आणि कामगार वर्ग देशात लॉक डाउन झाल्यामुळे व त्या लॉक डाउनची तीव्रता दिवसदिवस वाढत जाणारी असल्यामुळे राहण्या-खाण्याच्या सोयींचा अभावामुळे आपल्या मूळ गावी परतण्याचा कामगारांचा निर्धार पक्का होत गेला. हाताशी असलेले व जोडलेले पैसे, आपले कुटुंब, आणि आवश्यक सामानासह हे कामगार जीवाची पर्वा न करता मिळेल त्या वाहनानी किंवा अगदी पायी निघाला. गावाकडे उदरनिर्वाहाचे साधन काय? तर त्याचे उत्तर साधारणपणे सर्वांचेच कमी अधिक, सारखेच, कि जे हाताला मिळेल ते काम करून सुरक्षित आपल्या गावाकडेच राहण्याचा निश्चय अनेक कामगारांनी टिक्की चॅनेलला बोलून दाखविला.

कोरोना आणि लॉकडाउन मुळे अनेक उद्योगधंदे बंद असल्याने कामगारांमध्ये प्रचंड अस्वस्थता होती. त्याचबरोबर सर्वात महत्त्वाचा रोजगाराचा प्रश्न आणि निवासाची सोय ही मोठी समस्या असंख्य कामगारांना भेडसावत होती. हातावर पोट घेवून फिरणारे कामगार व त्यांची सोय हे राज्य तसेच केंद्र शासनसमोरील मोठे आव्हान होते. कोरोना संसर्ग रोखणे, थोपविणे, त्याचबरोबर अत्यंत गंभीरतेने कामगारांचा प्रश्न हाताळणे, असे अनेक आव्हाने राज्य सरकार पेलत असताना निवास व रोटी हा प्रश्न सोडविताना राज्य सरकारला नाक्री नऊ आले मात्र अनेक सेवाभावी व स्वयंसेवी संस्थांच्या व दानदात्यांच्या मदतीने या समस्या सोडविण्यास मदत झाली हे नाकारता येणार नाही. १ मे २०२० पासून श्रमिक ट्रेन सुरु झाल्यानंतर श्रमिकांच्या स्थलांतरणाने ग्रामीण भागात देखील कोरोना विषाणूचा प्रादुर्भाव वाढायला लागला.

बेरोजगारीचा कहर

बेरोजगारीचा कहर म्हणजे लाखांमध्ये पगार घेणाऱ्यांवर मनरेगा मजूर म्हणून काम करण्याची वेळ आली. एवढेच नव्हे तर विना अनुदानित शिबक, प्राध्यापक या सारख्या प्रतिष्ठित सेवा देणारे अनेक मनरेगा अंतर्गत मजूरी करताना टिक्की चॅनेलवरून दाखविण्यात आले. दिवसागणिक रोजगार क्षमता कमी होताना लॉकडाउन १, २ व ३ असा कालावधी समाजातील प्रत्येक वर्गालाच अस्वस्थ व बेचैन करणारा ठरला. दररोज स्थलांतर करणाऱ्या कामगारांच्या जीवघेण्या प्रवासाचा आढावा समाजमन

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New Farm Acts and Famers Agitation

Dr. D. S. Shambharkar

Professor & HOD (Pol. Sci.),

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The Indian Parliament recently passed three Agriculture Acts. In September 2020 they were initiated by the Parliament. The Lok Sabha approved the bills on 17th September 2020 and the Rajya Sabha on 20th in same month. On 27th September the President of India gave his assent to all of them. These Indian Agricultural Acts of 2020 are also known as Farm Bills. Let's have a look on these three farm laws with some highlights:

- 1) **The Farmers 'Produce Trade and Commerce (Promotion and Facilitation) Act 2020:** This Act allows farmers to engage in trade of their agricultural produce outside the physical markets notified under various State Agricultural Produce Marketing Committee laws (APMC acts). Also known as the 'APMC Bypass Bill' which will override all the state-level APMC acts. Its highlights are as:
 - Promotes barrier-free intra-state and inter-state trade of farmer's produce.
 - Proposes an electronic trading platform for direct and online trading of produce. Entities that can establish such platforms include companies, partnership firms or societies.
 - Allow farmers the freedom to trade anywhere outside State-notified APMC markets, and this includes allowing trade at farm gates, warehouses, cold storages and so on.
 - Prohibits State Governments or APMCs from levying fees, cess or any other charge on farmers produce.
 - Expands the scope of trade areas of farmers' produce from select areas to "any place of production, collection, aggregation".
 - Allows electronic trading and e-commerce of scheduled farmers' produce.
 - Prohibits State Governments from any market fees for trade of farmers' produce conducted in an 'outside trade area'.

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The Social, Economic and Psychological Impact of the Three Indian farm Bills 2020

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Abstract

Farming is considered as the most ancient and primary profession of humankind. In the Indian perspective until independence, farming was considered as the most important profession. About 70% population was into farming until 1960¹. The green revolution made a huge difference until 1970's. 'Jai Jawan-Jai Kisan' was the slogan then to woe the farmers and the population at large. This influenced the Indian Economy after Pakistan war in 1975. Later with the industrialization on the go, there was no looking back until 1984, before the LPG (Liberalization, Privatization and Globalization). With 126 Crores of mouth to feed, the farming in India is always under tremendous pressure to perform and had a great impact on the social, economic and Psychological health of the society.

The research paper intends to put forward the Social, Economic, and Psychological Impact of the Three Indian Farm bills that were approved by both the houses in the Parliament, approved by the President of India, but still not fully accepted by those for whom they are meant for. The researcher being a Psychologist studied the farm laws from Social, Economic, and Psychological angle and tried to put forward the long-term impact of these three laws on the socio-economic and psychological health of not only the farmers, but also their family as such.

Key words: Farm Bill, Farmer Laws, Social, Economic, Psychological Impact

Introduction

'Nothing's right or wrong, nothing's good or bad, it is our perception that makes it so' quotes Aristotle. The plight of today's farmer is just like the quote. Perhaps with the fast moving pace of life, the raised expectations from the family, our farmers

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बेरोजगार और प्रवासी समस्या

श्रीमती अंजु ए. शरण
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भारत ही नहीं बल्कि सम्पूर्ण विश्व के समाज के लिए बेरोजगारी एक अभिशाप और राष्ट्र के मस्तक पर कलंक है। यह किसी भी राष्ट्र की उन्नति के लिए बाधक है। विशाल आबादी, अशिक्षा, skills का अभाव योग्यता के अनुरूप रोजी-रोटी नहीं मिल पाना आदि बातें उनके अन्दर कुंठा को जन्म देती है। जबकि सरकार द्वारा रोजगार-सृजन के कई उपाय किये जा रहे हैं। प्रत्येक व्यक्ति का व्यवसाय किसी ना किसी आर्थिक क्रिया से जुड़ा है और आर्थिक विकास में सक्रिय सहयोग करता है।

भारत में भी कोरोना -वायरस के फैलने से रोकने और संक्रमण पर नियंत्रण के लिए लॉकडाउन कर जनता को जागरूक किया गया ताकि जो प्रवासी गांवों की ओर लौट रहे हैं वो मसला कम होकर सुलझ सके। कोरोना प्रकोप में काम बंद हो जाने से लाखों श्रमिक अपने रोजगार से मरहूम हो गए। केन्द्र-राज्य सरकारें इस संकट और संक्रमण से जूझ रही हैं।

जीविकोपार्जन एक अहम् मुद्दा है। राष्ट्रीय रोजगार नीति, माइग्रेट वर्कर्स फण्ड, आयुष्मान भारत, मनरेगा और आत्म-निर्भर भारत योजनाओं के तहत आर्थिक मंदी, बेरोजगारी और प्रवासी मजदूरों की समस्याओं से उबरने में सरकार प्रयत्नशील है।

किसी भी समाज के लिए बेरोजगारी एक बहुत बड़ा अभिशाप है। बेरोजगारी एक राष्ट्रीय समस्या है यह न केवल व्यक्तियों पर बुरा प्रभाव डालता है बल्कि पूरे समाज को प्रभावित करता है। देश में बेरोजगारी की समस्या लम्बे समय से चली आ रही है। न केवल भारत में बल्कि पूरे विश्व में बेरोजगारी एक बहुत ही गंभीर मुद्दा है। यहाँ सैकड़ों और हजारों लोग ऐसे हैं, जिनके पास रोजगार नहीं है। बेरोजगारी की समस्या इतनी विकराल रूप धारण कर चुकी है कि किसी भी राष्ट्र के मस्तक पर कलंक के समान है। भारत जैसे देश जहां सवा अरब लोग रहते हैं, न सिर्फ भारत बल्कि पूरे विश्व के लिये एक गंभीर मुद्दा है, सैकड़ों-हजारों लोग ऐसे हैं जिनके पास कोई कमाई का साधन नहीं है

बेरोजगारी उन्नति के रास्ते में बहुत बड़ी बाधा है भारत में बेरोजगारी की समस्या में निरंतर वृद्धि हो रही है जिसका कारण विशाल आबादी है। हर साल बड़ी संख्या में नौकरियों की मांग करती है लेकिन प्राधिकरण और सरकार दोनों देने में असमर्थ हैं। हमारे पास देश में बेरोजगार युवा-वर्ग है जो ऊँची-ऊँची डिग्रियां लेकर रोजगार की तलाश में इधर-उधर भटक रहे हैं। वे दफ्तरों के चक्कर लगाते अखबारों और इन्टरनेट के विज्ञापनों को देखते अपने अनुरूप काम की तलाश नहीं कर पा रहे हैं। परन्तु जब शिक्षित अपने योग्यता के अनुरूप काम की तलाश नहीं कर पाता और सामान्य तौर पर बाजार में प्रचलित मजदूरी दर पर काम तो करना चाहता है लेकिन काम नहीं मिल पाने से विक्षुब्ध हो जाता है।

प्रोफेसर जे.एम. कीन्स ने लिखा है -

“जब कोई व्यक्ति प्रचलित वास्तविक मजदूरी से कम वास्तविक मजदूरी पर कार्य करने के लिए तैयार हो जाता है, चाहे वह कम नकद मजदूरी स्वीकार करने के लिए तैयार न हो, तब इस अवस्था को अनैच्छिक बेरोजगारी कहते हैं। तो ऐसे अवस्था को भी बेकारी ही कहा जायेगा। ऐसे व्यक्ति उच्च कार्य की क्षमता रखते हुए भी अन्य व्यवसायों से आंशिक रूप से जुड़े रहते हैं। कोई व्यक्ति जीवन के विभिन्न कालावधियों में जिस क्षेत्र में काम करता है या जो काम करता है, उसी को उसकी आजीविका, 'वृत्ति', रोजगार या करिअर कहते हैं। आजीविका प्रायः ऐसे कार्यों को कहते हैं जिससे जीविकोपार्जन होता है। शिक्षक, डाक्टर, इंजिनियर, प्रबन्धक, वकील, श्रमिक, कलाकार, आदि कुछ आजीविकाएँ हैं।

हममें से प्रत्येक को किसी न किसी स्तर पर अपना जीवनयापन करने के लिये जीविकोपार्जन का साधन चुनना पड़ता है। व्यापार का क्षेत्र, स्वरोजगार तथा सवेतन रोजगार के अनगिनत अवसर प्रदान करता है। आज स्वरोजगार, बेरोजगारी दूर करने

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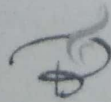
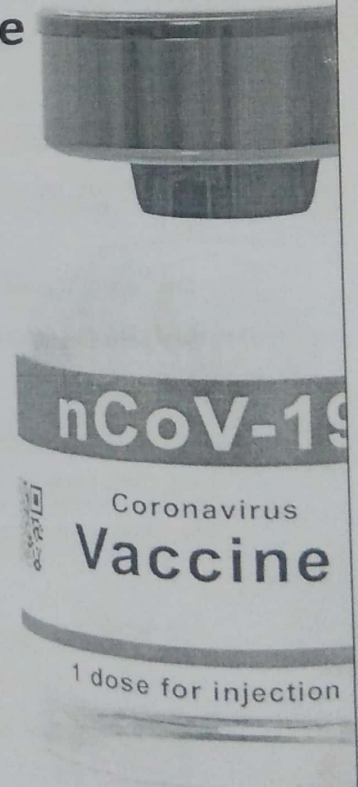
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WAYS OF COPING AND MATERNAL PERCEPTIONS ABOUT BEHAVIOURAL CHANGES IN CHILDREN DUE TO COVID-19 PANDEMIC

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Abstract:

In the history of Human Evolution, human race has witnessed multiple crisis and turmoil. COVID-19 Pandemic appears like one. It is research worthy to study and assess the impact of this pandemic and long period of home confinement on growing minds. This chapter throw light upon how mother parents tried to cope up with this impact in multiple ways to lessen its impact and comfort their children. This is also an effort to note the behavioural changes mothers observed in children (Age Range - 3 to 10 years). It has been observed that mother parents took multiple efforts to engage their children in quality activities to comfort and accompany them. It is also noteworthy that pandemic has affected children in mix way- positive and negative, both.

Key Words: COVID-19 Pandemic, Behavioural Changes in children, Lockdown, Impact

Introduction:

The entire world has shaken with the attack of Novel Corona Virus in the year 2019 and 2020. Year 2021 has begun with the hope to getting away of this pandemic after first and second wave of pandemic. Lockdown due to global spread of COVID-19 led to school closure, work from home, home confinement due to restrictions on movements, shift to online teaching-learning, loosing job or working on half-pay, uprising health problems around in the community, exposure to various digital platforms, scarcity of resources, uncertainty and chaos and lot many changes in lifestyle. As this health crisis crushed the social-economical-education-familial systems across the world, it is essential to study physical, psychological, social, emotional, behavioural impact of this pandemic on different age groups.

Family is an institution with utmost importance to any child's development. Communication with parents, especially mother parent, starts since the day a new life came into

2021-1

Contemporary Human Rights

WORLD HUMAN RIGHTS DAY



Editor

Dr. Sandip B. Kale

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■ Dr. Sandip B. Kale

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Migrant People And Human Rights

D.S.Shambharkar

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Abstract:

Human Rights discussed globally in modern age concerning to all people in spite of caste, colour, race, gender or any other thing are of need of the time. They must be in position to avail for all whether as availability or implementation. Nowadays scope of Human Rights is seemed wide not only for above reasons but in arising any situation either pandemic, epidemic or migration what so ever is. In this chapter issue of Human Rights relating to the migrants is tried to discussed with its causes, types, circumstances, remedies and nationally and internationally.

(**Key words:** Migrants, immigrants, emigrant, farm workers, Covid-19, UN, ILO, ICRMW)

Human rights are the basic rights and freedoms that belong to every person in the world in spite of caste, colour, birth or nay other thing. They deserve universal protection. These basic rights are based on shared values like dignity, fairness, equality, respect and independence. Such values are defined and protected by law. Human Rights are considered by various angles. Human Rights of migrant people are one of them to be considered on global perspective. Universal Declaration of Human Rights is a basic document for it. From a human-rights perspective, free migration may be seen to complement Article 13 of the Universal Declaration on Human Rights: Everyone has the right to freedom of movement and residence within the borders of each State. Everyone has the right to leave any country, including his own, and to return to his country. In 1972, the United Nations (UN) raised for the first time its concern about the rights of migrant workers. Following a report in 1976 by a

Good Governance

(Principles & Practice)



Editor

Dr. Nitin D. Gaurkhede

Dr. Mukta G. Somvanshi

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Good Governance Democracy And Civil Society

D.S.Shambharkar

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Abstract:

Good governance is an attractive concept popularly discussed worldwide in the era of democracy. But its roots are seen in the origin of human existence seeking to have civilized life. As the nature of society changed due to transition by new inventions and modern ideas significance of good governance came on anvil. With the rise of democracy, constitution, principles of liberty-equality-rights-justice tremendous changes came in the concept. When in principle of participation of citizens in political system and political process started considering as highest values good governance became need of the time. But only idea and concept cannot be sufficient for any purpose hence for having good governance civil society groups took birth. In democracy state and government agencies need to responsive, accountable and inclined towards the people. More these things more effective democracy is. Civil society groups were formed to control the government from whimsical attitudes. Peaceful agitations and movements started for the purpose. One country followed another bringing civil society forefront. No democracy can survive with it. Good governance is very ideal concept but with the help of civil society making democracy transparent and more answerable we can reach to some of the principles. Democracy and civil society need to work hand in hand.


(Keywords:Government, administration development, participation, NGO, US)

The concept of governance is not new whereas as old as civilization. Now term governance and good governance are widely used in developmental administration. Governance generally encompasses the system by which an organization is controlled and operates and the mechanisms by which it and its people are held account. Ethics, risk, management, compliance and administration are considered its elements. Inbroad way governance means:

2021-3

Indian Democracy

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Democracy

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Dr. Sandip B. Kale



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Indian Democracy And Directive Principles Of State Policy D.S.Shambharkar

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Abstract:

After free India the Constitution took place to govern the country and shape it as a modern state. The Constitution with its grate Preamble has wide range of provisions. Fundamental Rights are core of it. Directive Principles of State Policy are incorporated to convert political democracy into socio-economic one. Mostly Fundamental Rights are discussed as far as the Constitution as is concerned but Directive Principles are not given so much space. But they are also of equally significant and to give top most priority. They are supplementary to Fundamental Rights as well as bringing the Constitution as a real blue print of Indian democracy. So it gets necessary to discuss Indian Constitution in the light of these principles in wide length with its implementation and bringing into practice. Though not forceful they are incorporated purposefully with intellectual and international interests. Here it is tried to focus them with due respect to FRs and Constitution considering court decisions, constitutional amendments and so on.

(**Keywords:** UNDHR, Constitution, Fundaments Rights, Directive Principles, Supreme Court)

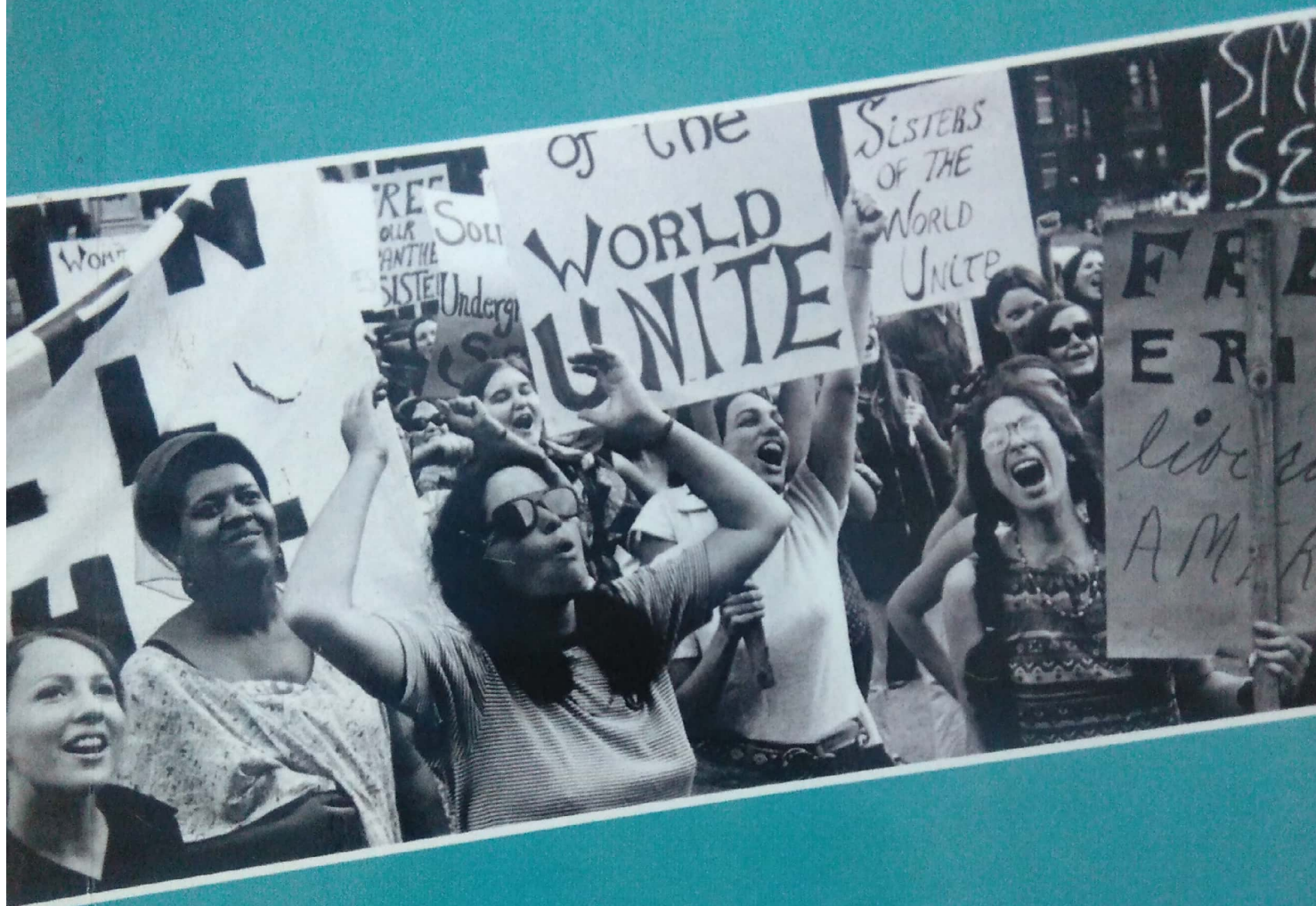
India obtained independence on 15th August 1947. By that time task of making Constitution was undertaken by the Constituent Assembly of India. Same time notable development having significant effect on the Indian Constitution took place on 10th December 1948 as United Nations General Assembly adopted the Universal Declaration of Human Rights. All member States were called to adopt these rights in their respective constitutions. Fundamental Rights (FRs) and the Directive Principles of State Policy (DPSP) were incorporated in the I Draft Constitution February 1948, II Draft Constitution 17 October 1948 and III and final Draft Constitution 26th November 1949 prepared by the Drafting Committee. DPSP are the guidelines or principles given to the institutes for governing the State of India. Here are some facts regarding its sources:

- The concept of DPSP is taken from the Spanish Constitution from which it came in the Irish Constitution.

2021-4

FEMINISM

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Feminism: Indian Context and Dalit Perspective

D.S.Shambharkar

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Abstract: Change is the natural phenomena. As the world started changing after industrialization it gave shape to aggression and colonialism. Its reaction took place by nationalism. This led to the First World War. Again nationalism resulted into fierce nationalism and took the Second World War. Afterwards the era of live and let live began. We saw many more ideologies taken birth. Feminism is one of them. While discussing it we have to consider the Indian context and particularly dalit perspective.

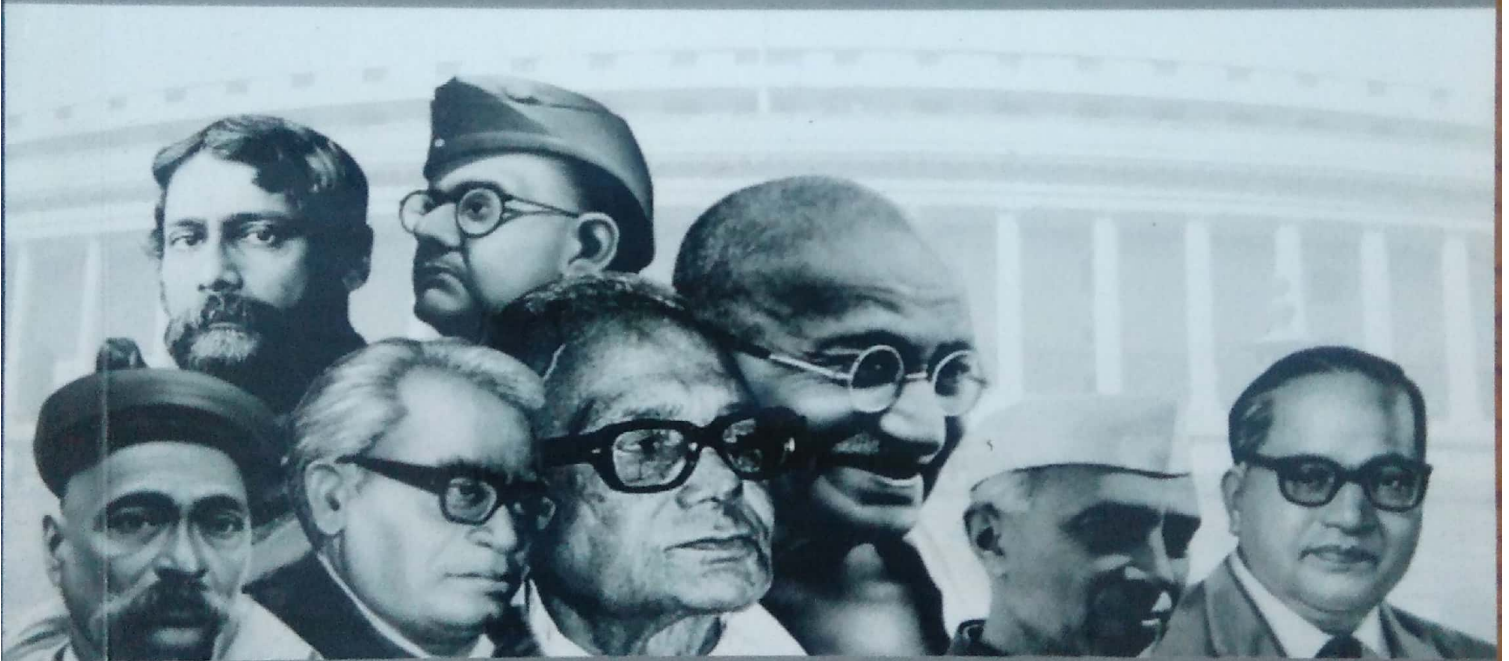
(Keywords: Patriarchy, racism, gender hierarchies, discrimination, human rights, class, caste)

Feminism is a recent ideology arisen with time in new era. It largely arose against western traditions that restricted the rights of women. This thought has global manifestations and variations. Feminism is the belief in full social, economic and political equality for women. In general feminism can be seen as a movement to put an end to sexism, sexist exploitation and oppression and to achieve full gender equality in law and in practice. This movement have campaigned and continue to campaign for women for women's rights. That includes the right to: vote, hold public office, work, earn equal pay, own property, receive education, enter contracts, have equal rights within marriage and maternity leave. Feminists have also worked to ensure access to legal abortions and social integration and to protect women and girls from rape, sexual harassment and domestic violence. Changes in female dress standards and acceptable physical activities for females have often been part of feminist movement.

Numerous feminist movements and ideologies are seen developed over the years and present different viewpoints and aims. Mary Wollstonecraft is known as a founder of feminism due to her book titled *A Vindication of the Rights of Women* in which she argues for women education. Charles Fourier a French philosopher is credited with having coined the word 'feminisme' in 1937. The words *feminisme* (feminism), and *feministe* (feminist) firstly appeared in France and Netherlands in 1872, Great Britain in 1890s, United States in 1910, Oxford English Dictionary 1852 (feminist) and 1895 (feminism). Since the 19th century first wave of liberal feminism seeking political and legal equality through

2021-5T

MODERN INDIAN POLITICAL THOUGHTS



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Dr. Babasaheb Ambedkar on Democracy

D.S.Shambharkar

Professor & HoD (Political Science)

S.B.Mahila Mahavidyalaya Mahal Nagpur-440032

India is a land of great thinkers like Lord Buddha, Mahatma Gandhi, Pandit Nehru etc. Dr Babasaheb Ambedkar is among the same rank. He fought against untouchability in Indian society. Dr Babasaheb was undoubtedly leader of depressed and suppressed classes. He was a great scholar having intellectual integrity, constitutional expert, social reformer and a true nationalist. Above all Babasaheb was staunch supporter and advocate of democracy. It proves by his belief and action. It can be said that he was the person strongly offering theory of radical democracy. He reflected and argued democracy by different ways. Dr Babasaheb's concept of democracy is original particularly focusing on Indian context. Normally Western model of democracy is accepted and interpreted. Liberal democracy is one of them. For him replacing one government by another and only carrying out elections cannot be treated as democracy. He was always worried about Indian democracy should not turn into capitalist democracy and serving for upper classes or capitalists.

Dr Ambedkar has his own substantive definition of democracy. He offered radical form of democracy. In his opinion no doubt there should be elections and political institutions but they should serve public cause and must bring changes in the life of common people with their welfare by all means. His definition of democracy differs from all the thinkers either Western or Indian. Babasaheb defines democracy as a form and a method of government whereby revolutionary changes in the economic and social life of people are brought without bloodshed. He always believed in constitutional way of life. Here Babasaheb differs from Karl Marx. Though he was in favor of socialism never accepted Marxist theory. Marx was in the favor of violence for achieving objectives and goals establishing stateless, classless society without exploitation. Babasaheb always favored democratic means. Though democratic means are slow that's only the way for change. These are permanent in nature.

Life and mission of Babasaheb is full of fights against caste system, untouchability. He revolted against chaturvarna system prevalent in Indian society by tooth and nail. But all the struggle and efforts he

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RURAL DEVELOPMENT AND PANCHAYAT RAJ



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Pesa Act And Panchayat Raj

D.S.Shambharkar

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S.B.Mahila Mahavidyalaya Mahal Nagpur. 440032

Modern history of Panchayat Raj in India begins after independence and drafting of the Constitution. The Constitution of India in the Article 40 speaks about it stating the state shall take steps to organize village Panchayats and endow them with such powers and authority as may be necessary to enable them to function as units of self-government. There were number of committees appointed by the Government of India to study the implementation of self-government at the level and also recommend steps in achieving this goal. The committees appointed are as:

- Balwat Rai Mehta Committee
- Ashok Mehta Committee
- G.V.K. Rao Committee
- L.M.Singhvi Committee

Among this Balwant Rai Mehta a parliamentarian is credited for pioneering the concept of Panchayat Raj in India and also known as Father of Panchayati Raj in India. With 73rd Constitutional Amendment Act 1992 Panchayat Raj system came on forefront. The Act aims to provide a three-tier system for all states having a population of over two million. Its other significant features are: Gram Sabha, Gram Sabha election of members and chairperson, reservation of seats for SC, ST and women, appointment of State Finance Commission and State Election Commission, to hold Panchayat elections regularly every five years before expiry of five-year duration, disqualification and so on. The Amendment envisages the Gram Sabha as the foundation of the Panchayat Raj System to perform functions and powers entrusted to it by State Legislatures. It provides a three tier Panchayat Raj System at the village, intermediate and district levels. This brought drastic change in rural life. But application of this law was restricted to the scheduled and tribal areas under Article 243M.

After the Bhuria Committee recommendations in 1995 Panchayats (Extension to Scheduled Areas) Act or PESA Act 1996 came into existence for ensuring tribal self-rule for people living in scheduled areas of India. PESA was enacted by the Centre government to ensure self-governance through Gram Sabhas for people in scheduled areas.

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Indian Freedom Movement and Dr Babasaheb Ambedkar

D.S.Shambharkar

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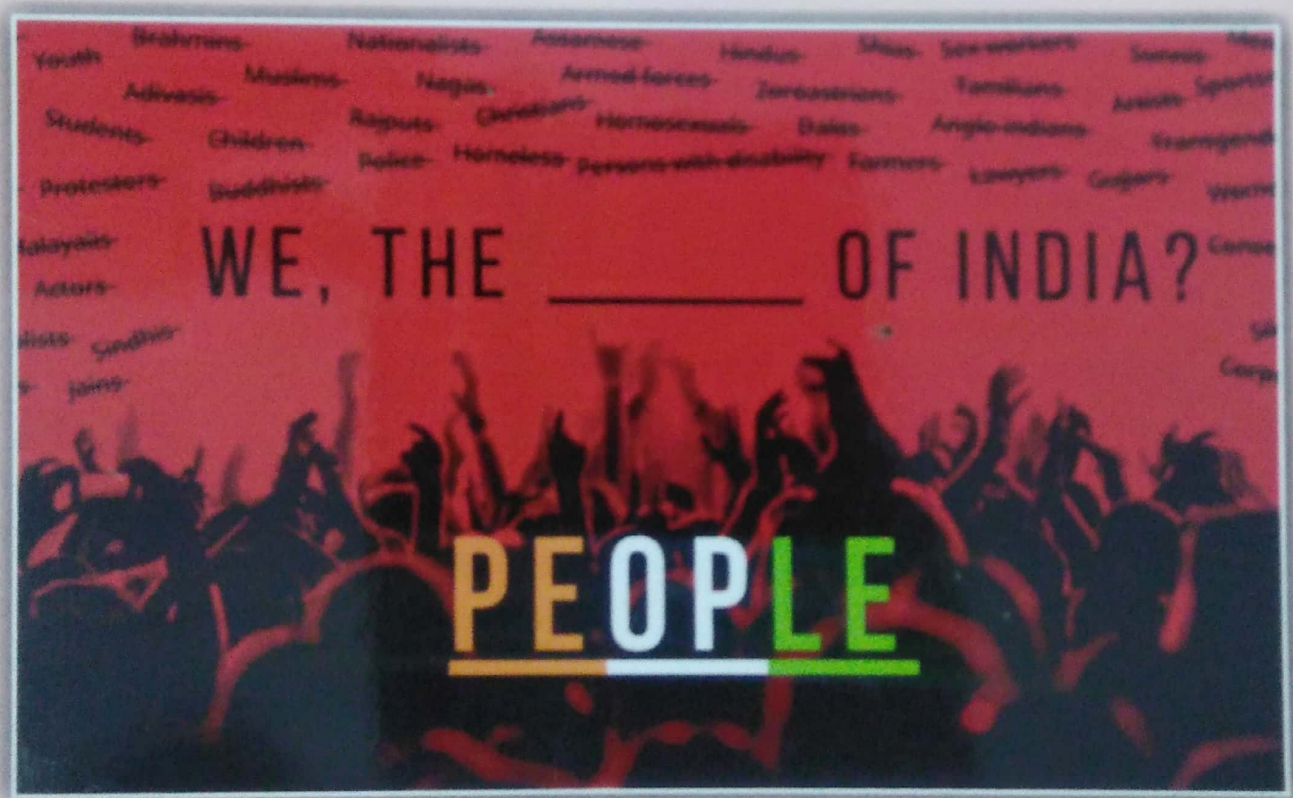
Abstract:

The Indian history struggle has plural dynamics. Fight against British rule had different ways like direct and negotiable. Dr Babasaheb Ambedkar desired to have political freedom emphasizing on social perspective relating it. He wanted freedom of the country not for particular caste and class but for masses i.e. dalits, women, laborers, untouchables, tribal and all the downtrodden. His entire life and mission was devoted for that. As the Chief Architect of Indian Constitution Babasaheb had drafted wide and long written Constitution that covered all the aspects of the Indian society to reach all citizens providing social justice and equality. (Keywords: Freedom, masses, dalits, Round table Conference, Constitution, life & mission)

Indian Freedom Struggle has to be seen in diverse way. Though it was mainly known as fight against British rule there are many struggles by different ways ideologically as well as methodologically. Different strategies were used for it. Congress has played key role undoubtedly. Dr Babasaheb Ambedkar played different role in entire struggle. He was a freedom fighter of true kind. He not only dreamed of setting India free from British rule but also transforming India into a country where freedom holds meaning for everyone and dedicated his life for uplifting of dalits. Ambedkar's life was marked by his political activities. He became involved in campaigning and negotiations for India's independence, publishing journals, advocating political rights and social freedom of dalits and contributing significantly to the establishment of the state of India. He never adopted left or right model but believed on centrist one with motto of socio-political power to the masses particularly bringing socio-economic empowerment of oppressed and depressed classes through political power. Babasaheb's immense contribution can be seen in shaping modern India. He led millions of oppressed to a life of self-respect, dignity and responsibility. He always stressed on the importance of better education as a mean of salvation so that positive

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Reservation Movements in Indian Democracy

D.S.Shambharkar

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Reservation is an indivisible part of Indian society now. It was introduced to ensure the historically underprivileged communities giving equal access to resources as without economic progress they would have continued socially disadvantaged forever. Now the reservation policy is known as affirmative action. That means a set of procedures designed to eliminate unlawful discrimination among masses, remedy as the results to such discrimination and prevent any discrimination in the future. In India roots of reservation find in the caste system that started with arrival of Aryans. The history of reservation has vast background in the past i.e. pre-independence and post independence. The concept of reservation system goes back to late 18th century. The idea of caste-based reservation system was originally conceived by Mahatma Jyotirao Phule and William Hunter in 1882. That time Mahatma Phule demanded primary education, scholarships, independent academics etc particularly in favor of Shudra and Atishudra. This is the first movement for reservation.

After Mahatma Phule this movement is succeeded by the great Chhatrapati Shahu Maharaj. He was a great visionary and social worker. Backward classes welfare in education and social sector was his priority. Chhatrapati Shahu Maharaj contributed two things to Phule movement:


- He gave effective boost to the Satyashodhak Movement with sympathy and strong support.
- His financial and ideological support, encouragement, policies and programmes foster the movement directly or indirectly.

When Shahu Maharaj was in England to attend the coronation of King Edward VII on 26th July 1902 issued historic gazette order originally in English and followed by Marathi according to administrative style of his Karveer (Kolhapur) State. He ordered: "From the date of this order 50 per cent of the vacancies that may occur shall be filled by recruits from among the backward classes. In all offices in which the

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Response to Global Efforts for Sustainable Development: Indian Scenario

Mrs. Charuta V. Joshi

Assistant Professor Department of Political Science
Smt. Binzani Mahila Mahavidyalaya Mahal, Nagpur

Introduction:

Nature has bestowed mankind with a variety of resources in abundance. But human beings in their insatiable pursuit of comforts exploited nature to the extent possible. When the world is at the threshold of devastation due to climate change, global warming and ecological imbalance; the words of Mahatma Gandhi resound like a serious warning that, "the earth has enough to satisfy people's need but will never have enough to serve their greed." The visionary epoch maker was awakening the world to the pressing need for sustainable development.

For India being a developing economy, the issue of sustainable development is a crux in any developmental policy. Any discourse defining the course of action swirls around the issues of economic growth and environmental sustainability. The constitution makers have made provisions for environmental conservation in the Fundamental Law of land. The government has passed various enactments for environmental conservation. With changing time however, the subject engaged the global attention as the world community stood together for adaptation of common policy to tame global warming and climate change. Accepting its responsibility for undertaking mitigation action, it has passed various laws to mitigate carbon emissions, framed rules for environmental conservation and undertook various projects to ensure environmentally responsible development i.e. sustainable development.

Threats to Sustainable Development - Indian Scenario:

It is pointed out that developing countries like India are more vulnerable to the negative impacts of climate change because of their limited capacity in the forms of human financial and institutional resources in order to adapt to extreme conditions. (Khanna, 2010) India is an agrarian economy. Agriculture and allied sectors contribute nearly 22 per cent of Gross Domestic Product of the country. Agricultural sector in India is highly dependant on monsoon as nearly 60 per cent of area sown is dependent on rainfall. Extreme changes in weather directly affect the total food production and the economy of the country. Increasing

1

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Sarvodaya Path for Resilient Gram Swaraj

Dr. Charuta V. Joshi

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Smt. Binzani Mahila Mahavidyalaya
Nagpur.

Abstract

Sarvodaya as a philosophy put forth a model of decentralised democracy in which the welfare of all through community engagement is sought. Mahatma Gandhi through his writings and speeches proposed the concept of Gram Swaraj which was a design for rural reconstruction. This concept was further elaborated and executed through a program of action by his disciple and an advocate of Sarvodaya philosophy, Vinoba Bhave. In the concept of Gram Swaraj, the thrust is given on individual's holistic participation in the development and welfare of the community. Gandhi and Vinoba both expounded the role which citizens at local level can play to revamp villages and enjoy self-rule. This paper presents a vivid picture of how Sarvodaya thinkers emphasised on the role of citizens in building up resilient Gram Swaraj.

Key Words: Gram Swaraj, Gandhi, Vinoba, Sarvodaya

Introduction

Gandhi had defined democracy in the words, 'Democracy must in essence mean the art and science of mobilizing the entire physical, economic and spiritual resources of all the various sections of the people in the service of the common good of all.' (Gandhi, 1939) This definition of democracy proposed by Gandhi amplifies the role he expected from citizens towards building up a resilient community under democracy. Here he referred to physical, economic and spiritual resources of individual citizens to be devoted to the society for the welfare of all. How citizens could play the pivotal role in democracy through channelizing their physical, economic and spiritual resources could be brought out on the basis of his suggestions in this regard.

Vinoba, his disciple and advocate of Sarvodaya, too had immense faith in the power of people. He had in fact more faith in power of people than that of government. He had declared, 'The People are like a well and government is a bucket. That is why my emphasis is on power of people. The major objective is to increase power of people and to brighten it.' (Bhave, 1957) As Vinoba had declared his objective of increasing and brightening power of people, it can be drawn that he had put thrust on the role, the citizens rather than government should play under democracy. The role which he expected from citizens is found to be discussed by him under two broad heads one related to the political aspect of citizens' life which he elaborated under the caption of 'Lokniti' and another which covers the societal aspect of citizens' life consisting of their contribution towards building up a self-sufficient society. Explaining the former he had said, 'Lokniti' means that power must actually pass into the hands of the people at all levels. Government must continuously either recede into background or wither away, and its place must be taken up by the people themselves. Initiative must pass to the people.' (Tandon, 2004) This definition of 'Lokniti' makes it crystal clear that Vinoba wished to undertake sustained efforts highlighting role of citizens with the ultimate objective of its culmination in substituting power of government with initiative of citizens.