

SHRIMATI BINZANI MAHILA MAHAVIDYALAYA

**REPORT OF THE ACTIVITIES OF THE WOMEN
CELL FOR THE SESSION**

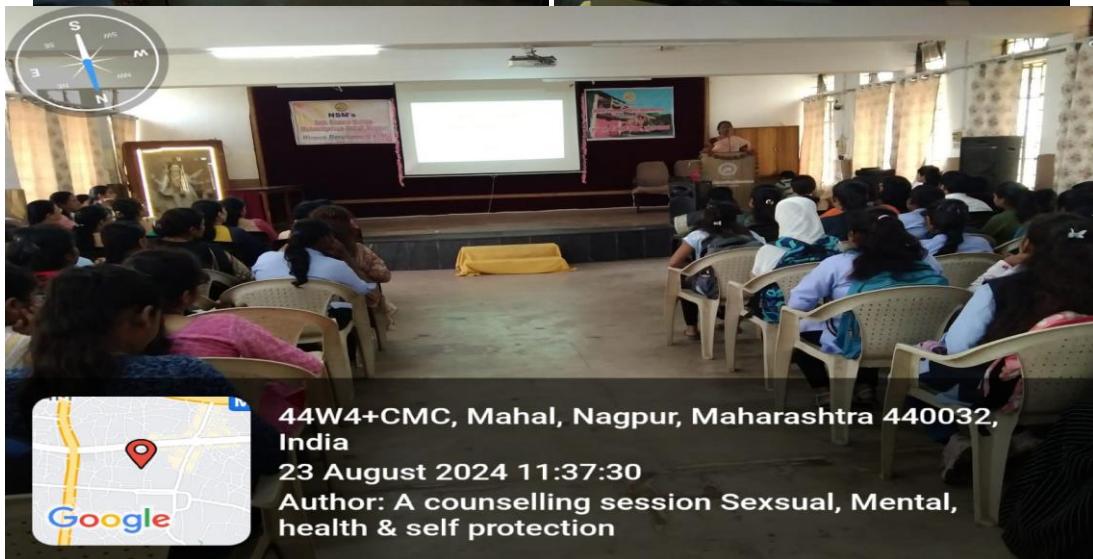
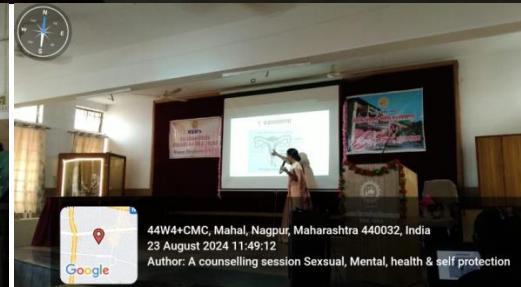
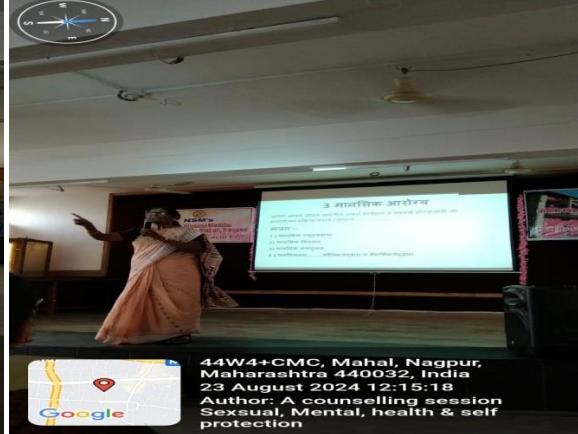
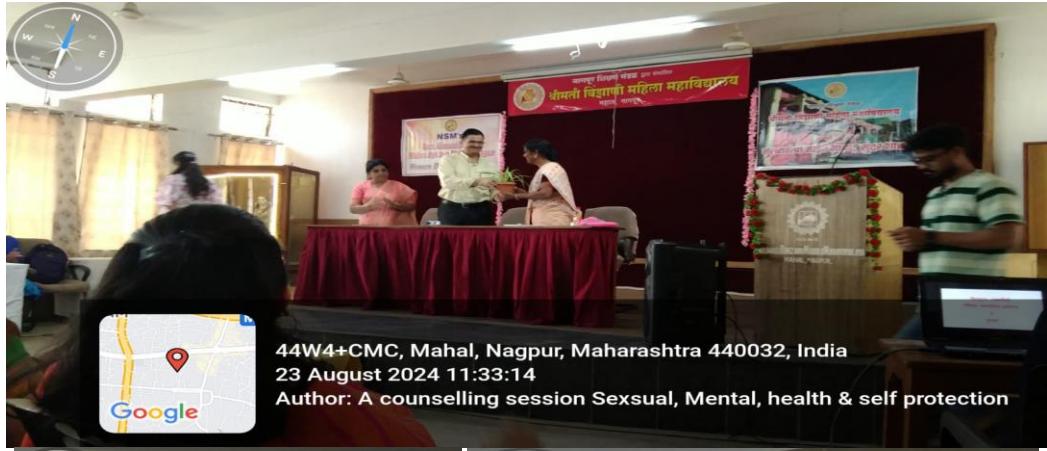
2024-25

- *Workshop for Students on Sexual, Mental Health and Self Protection*
- *National Women's Day Celebration*
- *International Women's Day Celebration*

Smt. Binzani Mahila Mahavidyalaya
Women Development Cell 2024-25
Workshop for Students on ‘Sexual, Mental Health and Self Protection’

A Workshop for Students on **Sexual, Mental Health and Self Protection** was held on 3rd August 2024 in the Abhivyakti Hall of the College. Dr. Manisha Jadhav, a well-known Social reformer, writer and a recipient of Sahitya Ratna Puraskar was the resource person for the workshop. Dr. Jadhav in her session explained the students the terms – sexual health and mental health by giving detailed anatomical and physiological descriptions. She further suggested the need and importance of sexual and mental health and measures by which students can maintain this health in their life with the help of different foods and exercises. She also suggested students to develop interest in art and literature, inculcate good habits and nurture positive mind set to maintain personal health and protect oneself from various problems. The students were highly benefitted from this workshop.





NATIONAL WOMEN'S DAY CELEBRATION
13th February, 2025

National Women's Day of India which falls on 13th February of every year was commemorated under the aegis of Women Development Cell of the College. National Womens' Day is celebrated on 13th February as it is the Birth Anniversary of Sarojini Naidu. Sarojini Naidu is one of the most recognised persons in the Indian Freedom movement.



**Smt. BinzaniMahilaMahavidyalaya
Women Development Cell 2024-25**

**INTERNATIONAL WOMEN'S DAY CELEBRATION
8th March, 2025**

The women development cell of Smt. BinzaniMahilaMahavidyalaya organized for an International Women's Day Celebration on 8th March, 2025 in the Abhivyakti hall of the college. Smt. Sunanda Bajaj, Assistant Commisioner, District Skill Development and Entrepreneurship, was the Chief Guest of the programme. Smt. Sunanda Bajaj shared the story of her exceptional achievement and, in her concluding remarks, motivated the youth to focus on their goals, fulfil them, acquire different skill sets and make their parents proud of their achievements.

Dr. Archana Gupta presented the introductory remarks, and formally introduced the Chief Guest, Smt. Bajaj. Principal of the college, Dr. Lanjewar in his presidential address, applauded the efforts of the Women Cell for organizing such a wonderful programme. Dr. Gupta proposed a formal vote of thanks, and Dr. Charuta Joshi aptly anchored the program.



Gupta

Course Co-ordinator
Dr. Archana Gupta
Convener
Women Development Cell
2024-25