

**CERTIFICATE COURSE**  
**PSYCHOLOGICAL TESTING AND COUNSELLING**

**Syllabus**

**UNIT -I: Psychological Testing Nature, Characteristics, Origins, Functions of Psychological Tests. Test Administration.**  
Time: 5 Hrs

**UNIT -II: Construction of Test / Questionnaire. Ethical issues in psychological testing. Norms: Meaning, & Types Age, Grade, Percentile, Standard Scores, Normalized standard score.**  
Time: 5 Hrs

**UNIT-III Counselling Psychology: definition, nature and scope, counselling psychology's roots in vocational guidance, historical development and current status, principles of counselling psychology. Process of Counselling: Taking Case History, Counselling relationship, Counselling interview, Types of Counselling.**  
Time: 5 Hrs

**UNIT- IV Ethical issues: Introduction ,therapists, competence, education & training foundation of ethical practice, issues in the client/therapist, relationship, confidentiality, legal liability and malpractice.**  
Time: 5 Hrs

**Practicum:-**  
Time: 10 Hrs

1. **Intelligence Test**
2. **Aptitude Test**
3. **Personality Test**
4. **Stress Test Test**

  
**Dr. Deepa Deshpande**

Details of the course proposed:

Name of the course: Certificate Course in Psychological Testing and Counseling.

Background:

With the pandemic becoming catastrophic, apart from the Physical health, Mental Health is getting affected. The number of Psychosocial problems are on the rise. One needs to access his or her PsychoSocial Health. The requirements for counselling are increasing multi-fold. Hence to understand the process of counselling and assessment of the intangible processes associated with human behavior, this course is specially designed. It would help the students to understand the Importance and process of counselling, and moreover it would enable them to access Personality, Intelligence, Attitude, Aptitude and many other Processes of Human brain through various Psychometric tools.

Objectives: To acquaint the students with:

1. The administration of psychological tests, interpretation of scores and report writing.
2. The evaluation procedures and evaluation of psychological tests.
3. Certain skills of Counselling on the basis of psychological test results.

Duration: 30 Hrs

Eligibility: HSSC and / or anyone interested in Psychology

Medium of Instruction: Hindi/Marathi

Batch Size: 30

Fee Structure: Free of Cost

Faculty: 1. Dr. Deepa Balkhande (Course Coordinator) Professor, Dept. of Psychology,  
Smt. Binzani Mahila Mahavidyalaya, Nagpur

2. Dr. Amruta Bhuskute Asst. Professor, Dept. of Psychology, Smt. Binzani Mahila  
Mahavidyalaya, Nagpur.

3. Shri Anar Damle Asst. Professor, Dept. of Psychology, Smt. Binzani Mahila Mahavidyalaya,  
Nagpur.

  
Dr. Deepa Balkhande

**Evaluation: Total 100 marks (50 Marks online Objective Written Test at the end of the course + 50 marks for Practical evaluation)**

**Expected Course Outcome:**

After completion of the course the students should be able to:

1. Administer various Psychological Tests.
2. Score and interpret various Psychological Tools.
3. Do counselling based on the results of various Psychological Tests.
4. Understand the Process of Counselling.
5. Being Empathetic with the clients with Psycho-Somatic Problems.

A handwritten signature in black ink, appearing to read "M. Michael", with a horizontal line underneath it.