

## Resume

### **Dr. Amruta Bhuskute**

**M.A. (Industrial & Organizational Psychology), M. Phil. (Psychology), Ph. D. (Psy.), SLET qualified**

#### **PRESENT STATUS:**

- Teaching Experience: 14 years
- Working as Associate Professor of Psychology at SBMM, Nagpur since 2009
- Coordinator of Internal Quality Assurance Cell
- Also working as Freelance HRD and Soft Skill Trainer
- Column writer for Daily Tarun Bharat, Daily Maharashtra Times since 1999, especially write about Psychological and Social issues.
- Recently wrote a series of 12 articles on Career Choice, Aptitude and Psychological dynamics in Maharashtra Times, book to be published soon

#### **EDUCATION**

<b>Degree/ Diploma</b>	<b>University/ Board</b>	<b>Year</b>	<b>%</b>	<b>Rank</b>
Ph. D.	R.T.M. Nagpur University, Nagpur	Year 2018	NA	NA
M.Phil	R.T.M. Nagpur University, Nagpur	Year 2008	70 %	Third Rank in the University
M.A. Industrial & Organizational Psychology)	R.T.M. Nagpur University, Nagpur	Year 2005	75 %	Fourth Rank in the University
B.A. (Sanskrit Literature, Psychology)	R.T.M. Nagpur University, Nagpur	Year 2003	81 %	First Merit in the University with Highest marks in Psychology, Sanskrit, Sanskrit Literature, Bagged 10 Prizes in the Convection
H.S.S.C.	Maharashtra State Board, Nagpur Division	Year 2000	81.83 %	6th in the State Board Merit List
S.S.C.	Maharashtra State Board	Year 1998	73.33 %	-----

**Title of Doctoral Thesis :** Intelligence, Psychopathology, Emotional and Social Maturity in early adolescents from different school cultures

#### **SPECIAL ACHIEVEMENTS:**

**Recipient of :**

- 4 Gold Medals- 1. Topper in BA (Final), 2. Topper in Aggregate BA, 3. BA (Psychology), and 4. Sanskrit Literature
- 2 Silver Medals: 1. BA (First Year) Sanskrit Language, 2. BA (Final) Sanskrit Language
- Elected and hold the position of Secretary, Nagpur University Student Council, Nagpur in the year 2002-03.
- Participated in National Youth Festival at Guru Nanak Deo University Amritsar (Punjab), Chandigarh University, Chandigarh, (Recipient of 2nd Prize in Debate at National Level)
- Recipient of Prizes for consecutive three years from 2001 to 2003 in the National Debate Competition at Delhi and Chandigarh sponsored by NCCT
- Recipient of Top Prizes for two consecutive years in the years 2001 and 2002 in the State Level Essay Competition by SNTD, Pune.

**EXPERIENCE:**

- Has conducted various Soft Skills and HRD sessions for Industry as well as institutions (March 2009 till date)
- Worked as Executive (Communication) & Core Resource Person, HRDC , Nagpur (March 2009 to June 2009)
- Worked as Core Faculty and Campus Coordinator at Élan, (Raisoni Group of Institutes) India's Largest Finishing (Grooming) School. (July 2007 to Feb. 2009)
- Worked with All India Radio, Nagpur as a Casual Announcer during 2004 – 2007. Now associated with AIR as Guest Speaker. (Since 2005)
- Worked with Yashwantrao Chavhan Maharashtra Open University, Nashik as Counselor. (2005-2007)

**CLINICAL EXPERIENCE:**

- Has conducted Aptitude and IQ testing Sessions.
- Participated in counseling in IQ testing camps organized under Maharashtra Government's Serwa Shiksha Abhiyan in March 2007..
- Participated in sessions of Management of Emotions.
- Participated in Workshop on Behavioral management and Personality Development.

**RESEARCH PUBLICATIONS:**

- 'Role Efficacy and Role Stress in Managers from Professional and Voluntary Organisations' – International Journal for Research Trends and Innovation – Vol. - 03, Issue -06 – Pp 16-19
- 'Analysis of Counseling needs in girl college students' - Bhartiya Shikshan- Jan 2018
- 'Military Discipline Vs Urban Civilisation ' – International Journal of Health Science and Research – vol. 05, issue 05, May 2017
- Survey of Mental Health of Adolescents from Urban Cities' - International Journal EDUCATIONIA CONFAB- April 2013.

- 'Effect of School Culture on the Psychosocial Development of Students' is published in the peer reviewed edited book on "Mental Health: Role of Education", published after UGC Sponsored National Conference on, At College of Education & Research, Parel, Mumbai held on 1st & 2nd October 2011
- 'Positive psychology for Competent Workforce' - Exilir-2011- International Conference organized by Datta Meghe Institute of Management and Research, Nagpur
- Presented a research paper on , ' Positive Psychology & Indian Culture: A Way to develop 'Positive' Generation'' , in International Conference on Positive psychology organized by Amity University, Jaipur - 2010
- Attended UGC sponsored National Seminar on Learning Disability organized by Hislop College, Nagpur (March 2010).
- Participated in Training of Trainers under UGC Scheme of Capacity Building of Women Leadership in Higher Education at TISS, Mumbai (Jan., 2010).
- Participated in SAM workshop under the UGC Scheme of Capacity Building of Women Leadership in Higher Education organized by Mahila Mahavidyalaya, Nagpur (August 2009).
- Presented a research paper on , "Changing perspective of Indian Family System: Aspects, Challenges and Remedies" in the National seminar on Women & Globalisation organized by ABVP, Karnataka (September 2008 )
- Presented a research paper on , ' Do TV commercials affect the attitudes and liking preferences in adolescents ?' in the National Conference sponsored by UGC and organized by Dayananada Arya Kanya Mahavidyalaya, Nagpur (March 2008 )
- Presented a research paper on ' Role efficacy, role Stress and Coping styles: A comparative Study among the managers of Professional and Voluntary Organization', in the 31st National Conference organized by Indian Association Of Clinical psychologists at JSB, Coimbatour (January 2005)
- Submitted a Dissertation on 'Role Efficacy, Role Stress and role Satisfaction among the managers of professional and voluntary organizations' (2005)
- Presented paper seminar on 'Organizational stress: Causes and Consequences' (2005).
- Participated in 7th International and 38th National Conference of Indian Academy of applied Psychology organized by Department of Psychology, Jai Narayan Vyas University, Jhodhpur, Rajasthan (October, 2003)
- Research Projects Completed/ongoing-  
Completed - A research project on Construction of Computerized Situational Judgement Test on Paraent Child Communication Pattern for children of 2-10 years (Granth amount Rs. 50,000/-)

Ongoing- Awarded with Major Research Project by Indian Council of Social Science Research (Granth Rs. 8,75,000/-) on School Based Intervention Program:A Model to alleviate to psychological and behavioural problems in High School Students

Date: 20th Sept. 2022

**Dr. Amruta S. Bhuskute**